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PREMIER ESTATE PROPERTIES PRESENTS

COASTAL RESORT

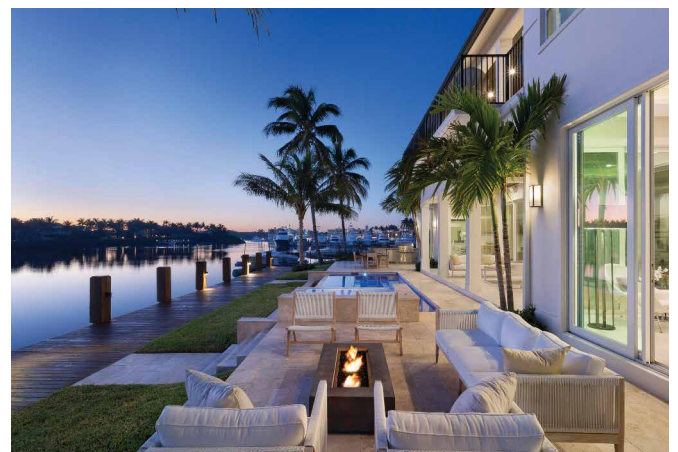
EAST DEERFIELD BEACH | LIGHTHOUSE POINT | HILLSBORO SHORES | EAST



NORTH GRAND CANAL POINT ESTATE LIGHTHOUSE POINT, FL \$2.595 MILLION INFO: WWW.F10078075.COM



GATED WEST INDIES INTRACOASTAL ESTATE
LIGHTHOUSE POINT, FL \$4.895 MILLION
INFO: WWW.F10062271.COM



NEW LAKE PLACID DEEPWATER ESTATE
LIGHTHOUSE POINT, FL \$3.895 MILLION
INFO: WWW.F10011102.COM

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SPANISH-COLONIAL DEEPWATER ESTATE
LIGHTHOUSE POINT, FL \$2.895 MILLION
INFO: WWW.F10069339.COM

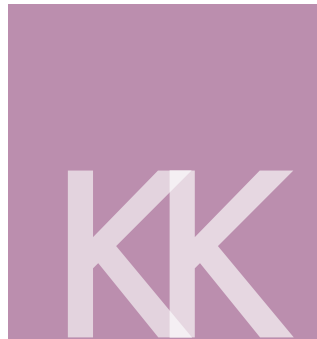
A PERSONAL NOTE

Welcome to Coastal Resort Estates. I am proud to invite you on a monthly tour of East Deerfield Beach, Lighthouse Point, Hillsboro Shores, East Pompano Beach and Fort Lauderdale's finest estate properties offered exclusively in excess of one million dollars. It is my pleasure and privilege to represent these important estates. Please enjoy this sampling of properties from my current Coastal Resort Estates collection. I wish to thank my valued clientele for their trust, confidence and loyalty throughout the years. My relationships with both buyers and sellers are defined by discretion, integrity, professionalism at the highest level, as well as unparalleled personalized and customized service.

For a confidential consultation and evaluation of your property, please contact me. I look forward to your inquiries anytime.

Best Regards,

Kevin R. Kreutzfeld
Lighthouse Point Resident



PRESENTED BY

Kevin R. Kreutzfeld

Direct: 954.449.7883

Mobile: 954.895.1300

Kevinkreutzfeld.info

kevin@premierestateproperties.com

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FORT LAUDERDALE | HILLSBORO BEACH | PALM BEACH COUNTY**

**We are having a Great Year So Far!
Some Recent Pending and Closed Sales by The Prenner Group:**

<u>Address</u>	<u>We Represented:</u>	<u>Listed For:</u>	<u>Status:</u>
1300 E. Lake Drive, Ft Laud	Buyer	2,395,000.00	Closed
2321 NE 33rd Street, LHP	Buyer & Seller!	2,350,000.00	Under Contract
3801 NE 28th Avenue, LHP	Buyer & Seller!	2,195,000.00	Closed
2372 NE 28th Street, LHP	Buyer & Seller!	1,525,000.00	Closed
3301 NE 30th Avenue, LHP	Buyer	1,350,000.00	Closed
2620 NE 47th Street, LHP	Buyer & Seller!	1,198,000.00	Closed
2830 NE 12th Street, PB	Buyer & Seller!	1,147,000.00	Closed
4200 NE 24th Avenue, LHP	Seller	995,000.00	Closed
1514 SE 11th Street, DFB	Buyer & Seller!	985,000.00	Closed
4230 NE 27th Avenue, LHP	Buyer & Seller!	915,000.00	Closed
5111 NE 31st Avenue, LHP	Seller	899,000.00	Under Contract
1301 SW 19th Street, Boca Raton	Buyer	850,000.00	Closed
3851 NE 24th Avenue, LHP	Seller	849,000.00	Under Contract
2141 NE 44th Street, LHP	Seller	829,000.00	Closed
2140 NE 30th Street, LHP	Seller	818,000.00	Closed
4900 NE 29th Avenue, LHP	Seller	815,000.00	Under Contract
4121 NE 26th Terrace, LHP	Buyer	750,000.00	Closed
930 SW 15th Street, Boca Raton	Buyer	750,000.00	Under Contract
1911 NE 28th Court, LHP	Seller	699,000.00	Closed
1900 NE 29th Street, LHP	Seller	699,000.00	Closed
2410 NE 48th Street, LHP	Seller	687,500.00	Closed
2729 NE 24th Street, LHP	Seller	609,000.00	Closed
4451 NE 28th Avenue, LHP	Buyer	519,000.00	Closed
1221 SE 10th Terrace, DFB	Seller	499,999.00	Closed
812 Briny Avenue, #10-A, PB	Buyer	499,000.00	Closed
2611 NE 52nd Court, LHP	Seller	499,000.00	Closed
2700 NE 18th Street, PB	Seller	475,000.00	Closed
1015 SE 15th Street, DFB	Seller	459,000.00	Closed
2751 NE 53rd Street, LHP	Buyer	420,000.00	Closed



\$2,299,000

5 Bedrooms / 6 Baths

Custom built waterfront estate in Lighthouse Point. 85' of waterfront, private dock with ocean access, heated pool and garden area.



\$3,650,000

5 Bedrooms / 6 Baths

New luxury coastal home in Lake Placid. Finished with the highest quality and craftsmanship. Long water views, palatial living spaces.



\$1,225,000

4 Bedrooms / 3 Baths

Completely updated, 4 bedroom, 3 bath pool home on 100 feet of deep water. Cul-de-sac street, just minutes to the ocean by boat.



\$599,000

3 Bedrooms / 2 Baths

Lovely Lake Placid home located across the street from the Intracoastal. Updated kitchen, generous living spaces, oversized garage.



\$289,500

2 Bedrooms / 2.5 Baths

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\$10,999,000
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3100 NE 46th St, Lighthouse Point

Text: T40257048 to 81035



\$5,950,000
5BR/5.5BA
 Amazing Coastal Home, Huge lot, Approx 100 ft. of direct Intracoastal waterfront.

3930 NE 31st Ave, Lighthouse Point

Text: T40205158 to 81035



Huge Reduction \$2,995,000
5BR/5.5BA
 Magnificent home on ICW, largest lots in Lighthouse Point, 100 ft. deep water.

3900 NE 31st Ave, Lighthouse Point

Text: T40222453 to 81035



\$1,690,000
3BR/2.5BA +
 Office/Den 2 Story waterfront, 90ft. of deep water, volume ceilings, pool & spa, patio

2320 NE 27th St, Lighthouse Point

Text: T40247089 to 81035



\$1,329,000
5BR/4.5BA
 90 ft. of deep water, just one off the Intracoastal, no fixed bridges, amazing views.

1534 SE 12th Court, Deerfield Beach


Text: T40222645 to 81035



\$1,099,000
3BR/2.5BA +
 bonus off Newer Built, high ceilings, 85 ft. deep water, salt water pool & spa, east exp

4270 NE 23rd Ter, Lighthouse Point

Text: T40231052 to 81035



\$899,000
1BR/1BA
 W Residences, breathtaking views, Hotel style living, turnkey w/ full size stacked W/D.

3101 Bayshore Dr 2103, Ft Lauderdale

Text: T40247081 to 81035



\$895,000
4BR/3BA
 80 ft of deep water, widest canals in Harbor Village, impact glass, covered patio w/ pool.

2851 NE 9th St, Pompano Beach

Text: T40265131 to 81035



\$745,000
4BR/2BA
 Gorgeous garden home, corner lot, completely remodeled, fenced in yard w/ salt water pool, many upgrades.

2931 NE 40th St, Lighthouse Point

Text: T40265141 to 81035



\$739,000
3BR/2BA
 Beautifully redone, open floor plan, New A/C, new PVC fencing in backyard, lush landscaping, paver patio & pool.

2820 NE 40th Ct, Lighthouse Point




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\$3,699,000
5BR/5.5BA
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120 ft. of deep
water, 1 mile to
Inlet, one canal off
ICW.

3710 NE 30th Ave, Lighthouse Point

Text: T40153774 to 81035



**\$3,195,000 Just
Completed**
5BR/5.5BA +
office Perfect
combination of
modern &
contemporary
design.

3821 NE 27th Ter, Lighthouse Point

Text: T40247109 to 81035



\$1,599,000
4BR/3BA +
office Built in 2016,
14 ft. ceilings, salt
water pool,
composite dock,
90 ft. of deep
water.

2331 NE 46th St, Lighthouse Point

Text: T40239145 to 81035



\$1,499,000
5BR/4.5BA
105 ft. of deep
water, east
exposure, amazing
waterfront &
marina views,
pebble tech pool.

4250 NE 27th Ave, Lighthouse Point

Text: T40274113 to 81035



\$949,000
3BR/3.5BA
Volume ceilings, great
room floor plan, forever
water views, wet bar,
huge master, landscaped
backyard w/ covered
patio & pool.

1240 SE 10th St, Deerfield Beach

Text: T40247120 to 81035



\$949,000
4BR/3BA
90 ft. deep water,
split bedroom,
under air laundry,
covered patio,
pool, fenced
backyard.

3750 NE 26th Avenue, Lighthouse Point

Text: T40274119 to 81035



\$829,000
3BR/3BA
75 ft. of waterfront,
split bedroom floor
plan, open & bright,
covered patio w/
summer kitchen,
tiki wet bar & pool.

2611 NE 4th Street, Pompano Beach

Text: T40265132 to 81035



\$799,000
3BR/2.5BA
Direct Intracoastal
water views,
corner unit, totally
updated w/ top of
the line everything.

2880 NE 14th Street Cswy 401, Pompano Bch

Text: T40274112 to 81035



\$394,900
3BR/2BA
Water views, 70 ft.
of water, updated
baths, covered patio
w/ marble floors,
wood burning
fireplace.

1881 NW 36th Street, Oakland Park

Text: T40274110 to 81035



\$134,900
1BR/1BA
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on the 1st floor,
completely
updated, no pet or
lease restrictions.

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Alex Schramm, Christian Perun, Evan Troast, Shane Didriksen,
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58

CHARTING A NEW COURSE

The Lighthouse Point Yacht Club has officially come under new ownership. Find out what's in store for the new club.

62

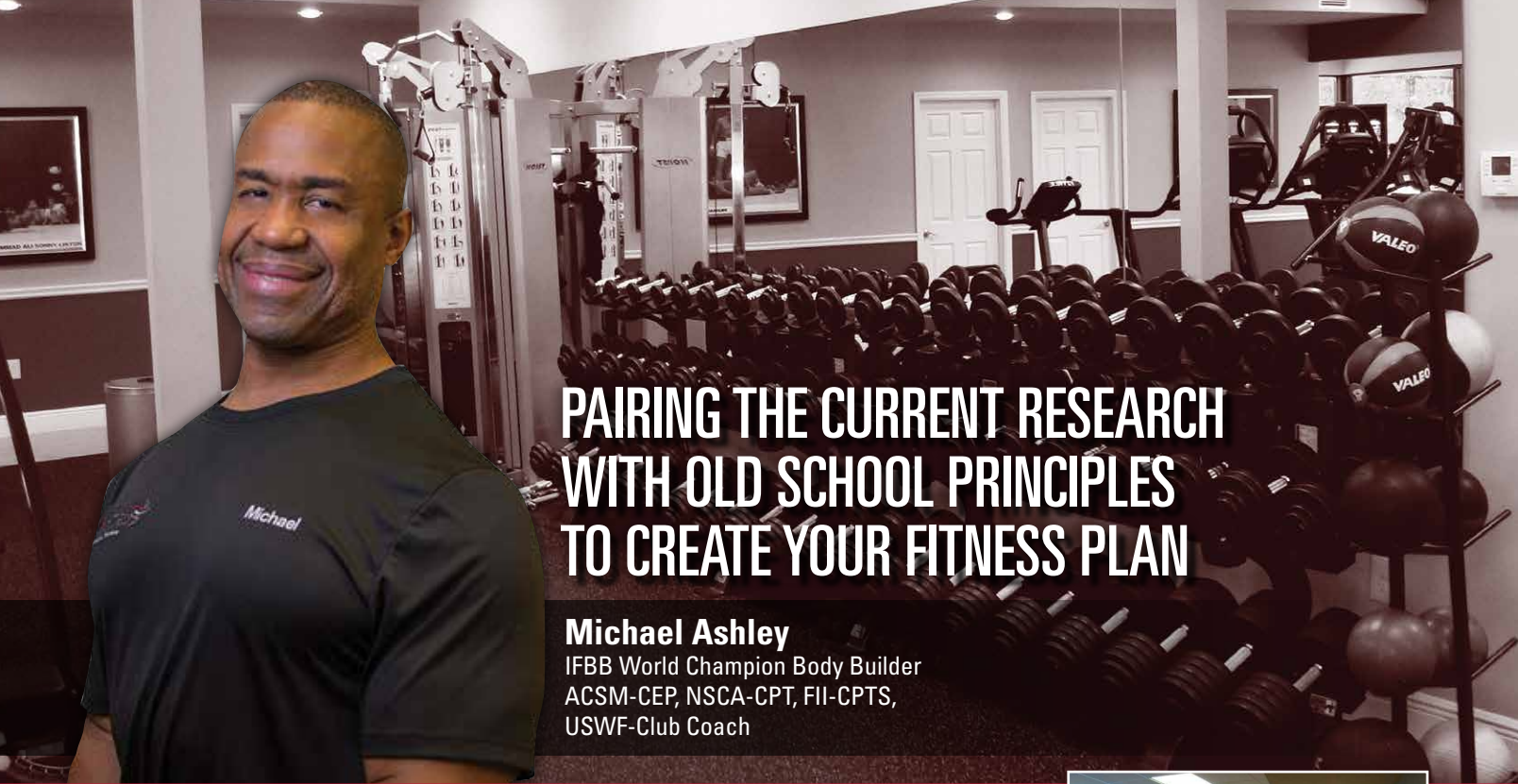
DESIGN SECRETS

Trish Beaudet was featured on HGTV's hit show "Design Star." Now the Lighthouse Point resident and interior design expert gives you an inside look at her own home.

68

WINE AND DINE

We give you the official guide to the 2017 Pompano Beach Fine Food & Wine Celebration, including three highlights: McCoy's Oceanfront restaurant, Yakuza Japanese and Thai restaurant and Coccadotts gourmet cupcake bakery.



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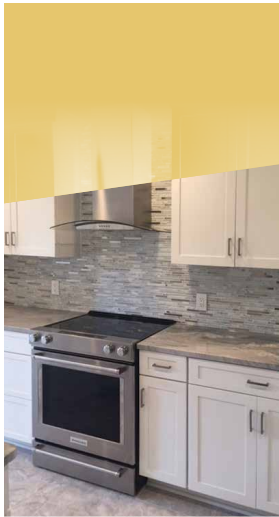
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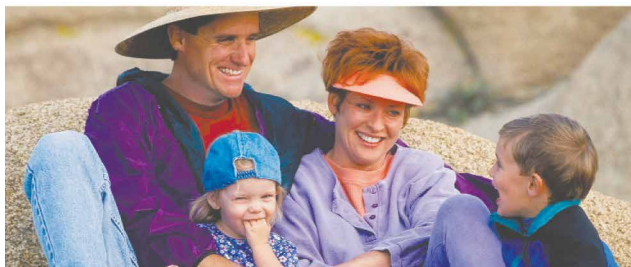
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departments

24

Creatively Speaking

We have the ability to enhance the lives of those around us — even the people we just see day-to-day. How can we do a better job? Well, you can start by baking an awesome chocolate cake.

26

Around The Point

News and happenings from around the city and beyond: concerts, movies, classes, culture and more.

42

Down to Business

Offerdahl's Cafe Grill in the Beacon Light Plaza has been renovated and revamped. There's new menu items; but not to worry, they still have your favorite bagels.

44

Tidbits & Trivia

Secret menus — are you in the know?

46

Get Psyched

Get into the groove — managing the start of the school year.

48

Legal Matters

Tips for buying auto insurance.

50

Personal Development

Feeling overwhelmed, distracted and burnt out? It's time for a change!

52

Urban Adventure

Go inside the mythical land of WaWa, Pompano Beach's newest gas station.

4

Cantankerously Yours

Wendell Abern's annual letter to all the grandchildren in the world.

74

Dining Out

Stuck in a dining rut? Always going to the same places? It's OK to be a "regular," but every now and then, venture out and explore the unknown. Consult our comprehensive dining guide.

80

Happy Snaps

There's lots to be happy about in Lighthouse Point: including a reception at the Yacht Club.

90

Happy Birthday

Our monthly birthday page.

96

Unsolicited Advice

Hitting the road with your smart phone is making travel easier and more accessible than ever before. So what's our advice? Take a vacation.

On the Cover Trish Beaudet at home
in Lighthouse Point photographed by Juan Pablo Castro

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Lighthouse Point

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content submissions

Have a birthday for your children or pets you want to see in our upcoming issue? Does your organization have an event you want people to know about? Has your event already happened? Send us your photos and we'll put them in our upcoming issue! Visit lhpomag.com and click contribute. Complete the form, choose a category from the pull-down menu and upload your photos. Or you may email editor@pointpubs.com. For birthday photos, please include name, birthday and how old you will be. For event photos, please include the name and location of the event, and the names of those pictured.

circulation

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correction

In the July edition of Lighthouse Point magazine we ran a feature about Paul Wiggins Esq., MBE, who was recently honored at Buckingham Palace by Queen Elizabeth for his work on a criminal database for Britain's overseas territories. We used incorrect language, saying Mr. Wiggins was "knighted" by the queen. This was incorrect because it implied Wiggins was inducted into knighthood, which is the highest level on the British Order. Wiggins was not knighted, he was invested in as Member of the Most Excellent Order of the British Empire (MBE), which is the lowest rank. We apologize for the misleading language.

letters to the editor

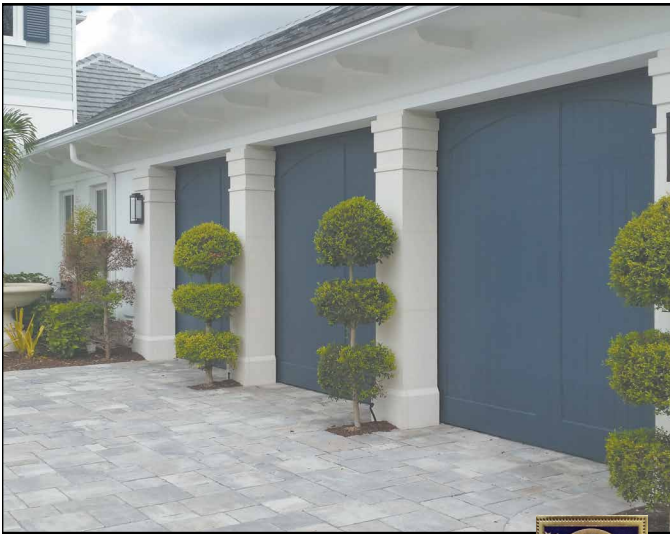
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Cumulative Kindness

AFTER A DAY VISITING OUR DAUGHTER AT SUMMER

camp, we were hot, sweaty and tired. As we checked in to the Cornerstone Victorian Bed and Breakfast, a fellow guest named Lori asked if my husband Richard and I had ever stayed there before. When we answered “no,” she launched into a detailed and ebullient description of the five-course breakfast we would enjoy the following morning. Lori had come down to the lobby to retrieve a piece of chocolate cake — that afternoon’s dessert prepared by Louise, who along with her husband Doug, owns and runs the Cornerstone Victorian in upstate New York.

Flash forward six summers. As we pulled into the driveway of the Cornerstone Victorian for our annual stay, my eyes actually welled up with a few tears. It was dusk and Louise was in the backyard weeding. The grounds are so impeccably kept, it’s hard for me to even imagine she was able to find a weed to pull. Nonetheless, there she was, ready with her huge smile and a welcoming hug. We went inside and spent a few minutes catching up. We told her all about our kids. She told us about how Doug, her husband, had been ill, but that he was better and getting stronger everyday.

Louise and Doug have been running the Cornerstone Victorian in Warrensburg, New York for 17 years and these two were born to be in the hospitality business. I suspect they are just naturally conscientious, both possessing a fastidious nature coupled with infectious smiles. To stay with them is a treat for the soul. That first year, I told Richard to grab just one piece of the aforementioned chocolate cake to share in the room. But once I tasted it, I immediately sent him down to claim the second piece to which we were entitled. This was no ordinary chocolate cake. Louise can bake.

I also suspected our fellow guest Lori might have exaggerated how glorious the breakfast is. I mean, it’s breakfast — how good could it be? The meal starts with a bowl of fresh fruit and, of course, a home-baked goodie too. Sometimes it’s a pecan muffin. Sometimes it’s a cheese danish. Sometimes it’s a crumb cake of sorts. It’s always fantastic. After that, there’s the homemade granola, which has ruined all other granola for me. That’s followed by an intermezzo treat — maybe a tiny, roasted sweet pepper stuffed with goat cheese and topped with a balsamic drizzle. Then it’s time for the main course, with a choice of savory or sweet (or a combination of both). There’s been everything from chai-flavored waffles and cheese blintzes

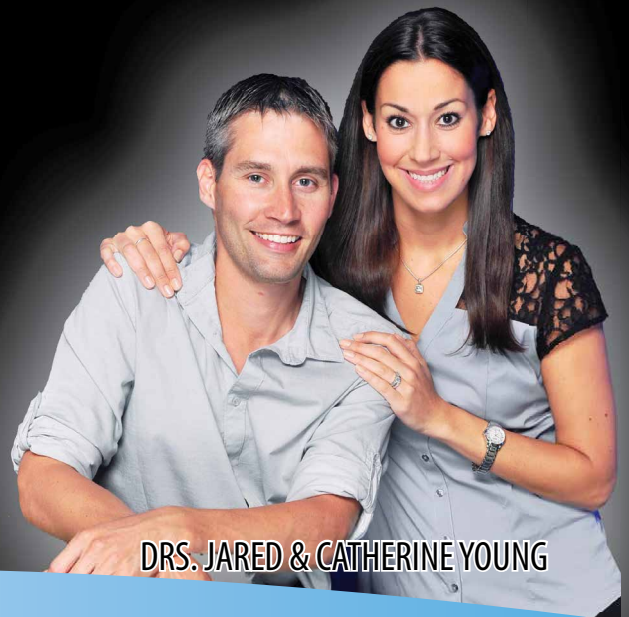
with raspberry sauce, to an egg sandwich with arugula and sriracha mayonnaise on brioche, all served with locally smoked bacon. Everything is as good as it gets. There are five rooms, and all the guests dine together at one long, beautifully-set table in the formal Victorian dining room. Richard and I have come to look forward to those mornings eating with complete strangers. My theory is that you can put any 10 people together and they will get along as long as there is great food.

So this year, when we pulled up and Louise welcomed us with a hug, I suddenly realized how lucky I am to have crossed paths with such exceptional people. And when she told us how Doug had been ill, I truly wished for his good health from the very bottom of my heart. Most of us can name people in our lives who are of great significance. Maybe it’s our parents or a dependable friend, a spouse or an inspirational teacher. But there are also those who cross our paths and enhance our lives with a lighter touch. And while it may not always be obvious, if we’re lucky, we become cognizant of the sum of those touches. Maybe it’s the librarian who always knows what book you will love; or the checkout clerk who always asks about your day; or the UPS guy who just always manages to be in a good mood — they may not rock your world or become your closest confidant, but they sure make life sweet.

The next natural question is: Whose life am I enhancing? How can I be more like Doug and Louise?

Next summer will be our last time visiting our daughter at camp. She will be 16 years old and a counselor-in-training. I suspect it will be a bittersweet summer for both of us. For her, it’s her last chance to live in a cabin in the Adirondacks with her closest friends for seven glorious weeks. And for Richard and me, next summer will be our swan song at the Cornerstone Victorian. Yet, somehow I have a sneaking suspicion we will visit again. I’ve come to love those mountains. Maybe it’s just that they have served as a summer home for my two children. Or perhaps it’s that visiting my kids up in the mountains of New York every summer has been such a welcome reprieve. And then there’s just Doug and Louise and their perfect bed and breakfast.

A handwritten signature in cursive script that reads "Susan". The signature is written in black ink and is positioned at the bottom right of the page, below the main body of text.



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AROUND THE POINT

PEOPLE TO KNOW • THINGS TO DO • PLACES TO GO

Dunn's Run

The 21st Annual Dunn's Run, which benefits The Boys & Girls Clubs of Broward County, is quickly approaching. The Dunn's Run has earned its reputation as the race that signifies the start of running season, attracting over 2,000 runners, walkers and participants.



Race Day

WHAT: A 5 mile run/5K run and walk through the city of Deerfield, Beach which will start at the beach and end at the beach with all proceeds benefitting the Boys & Girls Clubs of Broward County

WHEN: Sunday Oct. 1st, 2017. Race begins at 7:30am (Hillsboro Blvd. South of Federal Highway will close at 7:00am)

WHERE: Deerfield Main Beach Parking Lot, 149 SE 21st Ave., Deerfield Beach. Race begins just south of the lot at intersection of Ocean Way and SE Second St.

COST: 5 Mile Walk & Run — \$35.00 (Day of Race is \$40)
5K Run — \$30 (Day of Race is \$35)

About the Boys & Girls Clubs

It's a tough time to be a kid. There are pressures such as, drugs, gangs and broken homes. The Boys & Girls Club is a place a child can go to get away from those pressures and temptations. The club is a place for some fun and companionship or just to hang out. More often than not, once a child becomes a member, their life is positively changed forever.

The purpose is to help young people ages 6-17 improve their lives by building self-esteem and developing values and skills. Services and programs provided focus on everything from education, social recreation, health and physical education, to leadership, citizenship development, cultural enrichment and personal

counseling. The mission of the Boys & Girls Clubs is to enhance the quality of life for children as participating members of a diverse urban society.

The membership fee to send a child to the Boys & Girls Clubs of Broward County (BGCBC) is only \$15. Yet, the actual cost is over \$1,300. Events like Dunn's Run help offset those costs so a child is given a chance at a positive life.

NATIONAL ALUMNI INCLUDE:

Shaquille O'Neal, Alex Rodriguez, Brad Pitt, Kerry Washington, Michael Jordan, President Clinton, Jackie Joyner-Kersey, Martin Sheen, Jennifer Lopez, Queen Latifah, Derek Jeter and Denzel Washington.

Angel in the Sky

Angel in the Sky, a Lighthouse Point non-profit started by 25-year-old Briana Colameco, is committed to suicide awareness and prevention. Angel in the Sky will be hosting its second annual benefit concert featuring musician Briana Domenica on Sept. 16th.

Colameco started Angel in the Sky in May of 2016 in loving memory of three of her family members who committed suicide, including her brother, David Arthur Colameco, aunt, Debra Pal and cousin Christopher Skelton.

"I too have personally struggled with feelings of insecurity and worthlessness due to years of bullying," Colameco said. "I am now 25 and in an interesting position because not only have I wrestled with these thoughts, but I have also lost three people to suicide. I know first hand how easy it is to believe those feelings of hopelessness as fact and see no way out. These experiences have inspired me to set up my non-profit in hopes of making a difference and saving lives."

The mission of Angel In The Sky is to shine light on suicide awareness through prevention and education. Colameco said the funds raised from last year and this year's events will go toward building the non-profit's website and starting programs in the community at schools, churches, businesses, rehabs and hospitals.

"We are also planning on starting some support group meetings in 2018 for people who have lost loved ones to suicide," she said.

Colameco can be reached by e-mail at briana@angelinthesky.org, or by phone at 954-592-8690.

WHEN: Sept. 16 at 7pm

WHERE: The Pink Church, 2331 NE 26 Ave., Pompano Beach

COST: Admission is free



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Exchange Club Annual Luncheon Recognizes Admirable Local Nonprofits

BY DANIELLE CHARBONNEAU

On June 28, the Exchange Club of Pompano Beach held its annual luncheon at the Lighthouse Point Yacht and Racquet Club. The luncheon serves as an opportunity for the Exchange Club to present donation checks to various local nonprofits that do valuable work in the Pompano Beach community. This year's celebration recognized these nonprofits and their works:

SAMPLE-MCDOUGALD HOUSE is a historic home in Pompano Beach built in 1916. The house now serves as a

museum and education destination.

HONOR FLIGHT SOUTH FLORIDA

transports World War II veterans to visit the World War II memorials in Washington D.C. which honors their service to our nation and world. The veterans, who are generally in their 90s, are paired with a travel companion called a "guardian."

Upon returning home, the plane of veterans is greeted by a celebration. The party gives veterans the homecoming they never received after the war.

TOMORROW'S RAINBOW is a special place where children who have experienced the death of a loved one can heal. By incorporating miniature horses with therapeutic play areas and facilitated peer support, children are given the tools necessary to take their own personal grief journey in a way that is meaningful to them.

KIDS CAN DO IT is a free, pilot karate program at Pompano Beach Elementary School. The group meets twice a week to learn the cornerstones of the martial arts: respect, discipline, courtesy and honor. The kids who

participate in Kids Can Do It would not ordinarily be able to afford karate through the normal routes. Currently, there are 75 participants and in September, 40 additional participants will be added. Kids Can Do It is run by Sensei Ray Doucette and Leila Moavero.

POMPAÑO PIRANHAS is a competitive, youth traveling baseball team. In July, the Piranhas traveled to Cooperstown, New York, for a tournament. Cooperstown, home to the National Baseball Hall of Fame, is a legendary location for youth competitive baseball.

CROCKETT FOUNDATION has positively impacted the academic lives of thousands of children in Broward County since its inception in 2002. Its after-school programs focus on math, reading, health and technology for middle school students. The foundation focuses on attendance, behavior and course performance with an emphasis on technology. Some of the programs provide students with iPads.

OUR FATHER'S HOUSE SOUP KITCHEN has been in operation for over 28 years serving Broward County's homeless and hungry. The kitchen serves approximately 175-200 people a day. Visitors are given both a hot lunch and sack lunch. Our Father's House also operates a bike shop for veterans, run by veterans, and has an on-site barber who provides complimentary haircuts.

DISABLED AMERICAN VETERANS (Chapter 133) serves mostly veterans of the Korean and Vietnam wars. The organization helps veterans file disability claims. The Pompano Beach chapter helped file approximately 1,500 claims last year.

THE FIRST TEE IS a youth development organization introducing the game of golf and its inherent values to young people. Through after-school and in-school programs, the organization helps shape the lives of young people from all walks of life by reinforcing values like integrity, respect and perseverance through the game of golf. The organization also gives free golf lessons to veterans.



A Day for Honoring Our 9/11 Heroes

This night of remembrance on Sept. 11 will feature guest speakers, musicians and a special performance by the American Legion 65-piece band.

WHEN: Sept. 11 at 6:30pm

WHERE: Pompano Beach Cultural Center and Library, 50 W. Atlantic Blvd., Pompano Beach

COST: Free, but space is limited so pick up a ticket to secure your seat. Tickets are available on a first come, first served basis at the Civic Center, Skolnick Center and Larkins Center. For more information, please call 954-786-4111.



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JR. ANGLERS DAY IN DEERFIELD

A family, fun-filled fishing event with fishing clinics held by the International Game Fish Association and Chaos Rods. The event will feature arts, crafts, face painting, balloon art and fishing. Goodie bait buckets will be given away on a first come, first served basis.

WHEN: Sept. 16 from 9am-1pm; registration for the fishing tournament begins at 8:45am; fishing heats are 25 minutes long and go from 9am-12:45pm.

WHERE: International Fishing Pier, 200 NE 21st Ave., Deerfield Beach

COST: Free

Cut-A-Thon for Share-A-Pet

Sola Salon Studios in the Pompano Citi Centre will host a hair-cut-a-thon to raise money for Share-A-Pet Pet Assisted Therapy, a non-profit committed to training volunteers and their therapy pets. Share-a-Pet recruits, trains and registers pet-assisted therapy teams to provide services in hospitals, nursing homes, children's centers and schools. The hairdressers at Sola Salon will give haircuts by donation. The proceeds will be donated to Share-A-Pet.

WHERE: Sola Salon Studios, 2001 N. Federal Highway, Suite 208 Pompano Beach

WHEN: Sept. 10 from 10am-3pm

COST: Haircuts are by donation. The suggested donation is \$20.



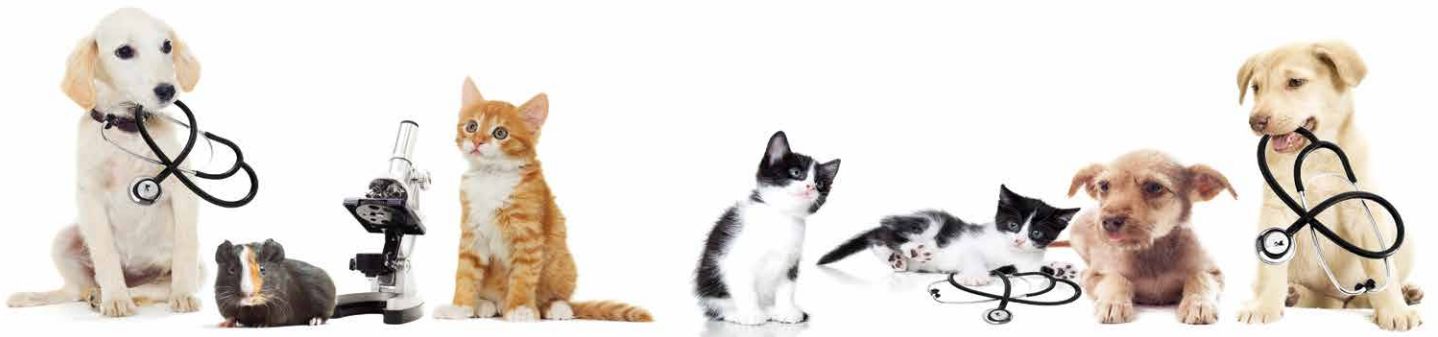
Congratulations to Cathy and Tom Sheehan, 2348 NE 28 St., Lighthouse Point, winner of Lighthouse Point community's Beauty Spot of the Month, awarded by Erica Davey, The Butterfly Lady

The Butterfly Lady



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PHOTO BY JAN DAVEY



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Marcus Roberts Trio

Marcus Roberts lost his sight as a child, but gained incredible insight into American music, inspiring a generation of jazz musicians. Jazz great Wynton Marsalis has hailed Marcus Roberts as “the genius of modern piano.” The jazz virtuoso has been profiled on “60 Minutes,” Charlie Rose, Tavis Smiley and NPR. The Marcus Roberts Trio is known for its virtuosic style and entirely new approach to jazz trio performance. While most jazz trios have the piano front and center, all members of the Marcus Roberts Trio share equally in shaping the



direction of the music by changing its tempo, mood, texture or form at any time. And they do this with lightning quick musical reflexes and creative imaginations. The trio is known for having almost telepathic communication on stage.

WHEN: Sept. 23, doors open at 6:30pm, show starts at 7:30pm

WHERE: Pompano Beach Cultural Center, 50 W. Atlantic Blvd., Pompano Beach

COST: Tickets range in price from \$35 to \$50 and can be purchased at ccpompano.org

Broward County Bar Association New President

Thomas Daniel Oates was recently sworn in as the Broward County Bar Association's (BCBA) 92nd President by The Honorable Peter M. Weinstein, Chief Judge of the 17th Judicial Circuit of Florida, at the annual installation dinner. Oates was surrounded by family, as he was introduced by The Honorable Louis Schiff. Oates lives with his family in Lighthouse Point.



September at The Amp

All shows take place at the Pompano Beach Amphitheater at 1806 NE Sixth St., Pompano Beach. For more information visit theamppompano.org.

Blackberry Smoke with The Chris Robinson Brotherhood

Expanding the Southern rock tradition, Blackberry Smoke has evolved from a rough-edged club act to an arena-ready rock 'n' roll band. The Chris Robinson Brotherhood is led by the ex-Black Crowes front man and is known for its psychedelic rock roots.

WHEN: Sept. 7 from 7-10pm

COST: Tickets range between \$29.50 to \$39.50 plus applicable fees and can be purchased at ticketmaster.com

Clint Black

Clint Black is a country mega-star who recently released “On Purpose,” his first full-length album of new songs in a decade. The new album is dedicated to his father, who died in late 2012.

WHEN: Sept. 16 from 8-10:30pm

COST: Tickets range from \$38 to \$98 plus applicable fees and can be purchased at ticketmaster.com

Sammy Hagar & The Circle

Sammy Hagar, one of rock music's most dynamic frontmen and acclaimed songwriters, will perform in concert with his new band The Circle. Hagar has been a frontman for iconic bands including Montrose and Van Halen, with whom he was inducted into the Rock & Roll Hall of Fame.

WHEN: Sept. 19 from 7-10pm

COST: Tickets range between \$49-\$129.50 plus applicable fees and can be purchased at ticketmaster.com

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Monthly **Events**

Movies on the Lawn

Bring your lawn chair and blankets to enjoy a free movie on the Great lawn in Pompano Beach on the first Friday of every month. September's featured flick is "Spy Kids" about two young kids who become spies in an attempt to save their parents from an evil mastermind.

WHEN: Sept. 1 at 7pm

WHERE: The Great Lawn at the corner of Atlantic and Pompano Beach Blvds., Pompano Beach

COST: Free

For more information call 954-786-4111 or visit pompanobeachfl.gov

Yoga on the Beach

Juliana from Yoga4Life Studios teaches yoga beachside on the patch of artificial turf near the fountains at the very east end of Atlantic Blvd.

WHEN: Sundays, 9-10am

WHERE: Pompano Beach

COST: By donation

Music Under the Stars

Every second Friday of the month, bring your lawn chairs and picnic blankets to The Great Lawn for some live music under the stars.

September's featured band is Business As Usual, a six-piece pop band playing top-40 dance music from the 60s, 70s, 80s, 90s and 00s.

WHEN: Sept. 8 from 7-9pm

WHERE: The Great Lawn, corner of Atlantic and Pompano Beach Blvds., Pompano Beach

COST: Free

For more information on Business as Usual, visit businessasusualband.com. For more information on Music Under the Stars, call 954-786-4111 or visit pompanobeachfl.gov

Fresh Air with Byrd at BaCA

Fresh Air with Byrd is a writing workshop for all levels of writers and performers held at Bailey Contemporary Arts (BaCA) every first and third Wednesday of the month. Richard "Byrd" Wilson is an award-winning poet and public speaker. Artists looking to improve their poems, songs, stories and delivery are encouraged to attend this workshop. Classes can be taken sequentially or individually. Byrd gives instruction and inspiration

through writing challenges, group critiques and a cohesive and succinct lesson plan. Attendees are provided free entrance to Lyrics Lab, which follows.

WHEN: Wednesdays, Sept. 6 and 20, 8-11pm

WHERE: BaCA, 41 NE First St., Pompano Beach

COST: \$15/pp

Old Town Untapped at BaCA

Fun-filled event featuring beer tastings, food trucks, live music, vendors and art exhibits at Bailey Contemporary Arts (BaCA) every first Friday of the month.

WHEN: Friday, Sept. 1, 6-9pm

WHERE: BaCA, 41 NE First St., Pompano Beach

COST: Free

Line Dancing

Put on your cowboy hat and learn to line dance.

WHEN: Tuesdays and Thursdays. Beginner lessons are at 11am; intermediate lessons are at 1pm.

WHERE: Emma Lou Olson Civic Center, 1801 NE Sixth St., Pompano Beach

COST: \$7 per person, plus

the Civic Center's annual registration fee, which is \$10 for residents and \$20 for non-residents.

Ballroom Dance Lessons

Every Tuesday afternoon, the Emma Lou Olson Civic Center will host ballroom dance lessons with professional teachers Richard and Karen Campbell.

WHEN: Tuesday afternoons; Beginner lessons, 1-2pm; Intermediate lessons, 2-3pm

WHERE: Emma Lou Olson Civic Center, 1801 NE Sixth St., Pompano Beach

COST: \$12 per class. The cost of the lessons is in addition to the Civic Center's annual registration fee, which is \$10 for residents and \$20 for non-residents. Private lessons are also available for \$35 per hour. For more information, call Karen Campbell at 954-433-7444 or the Civic Center at 954-786-4111



ACTION PACKED FUN Xtreme Action Park has earned the title of largest indoor amusement park in Florida

On July 17th Xtreme Action Park in Ft. Lauderdale announced it has been recognized as the largest indoor entertainment venue in Florida. The park's owners and managers were joined by the City of Fort Lauderdale Mayor, Jack Seiler, City of Fort Lauderdale Vice Mayor, Bruce Roberts and the Convention and Visitor's Bureau President, Stacy Ritter, along with other city partners to celebrate. Xtreme Action Park boasts a high-speed go-kart track, escape rooms, a roller rink, arcade, ropes course, trampoline park, XD dark-ride immersive theater, bar and restaurant.

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Protecting the City's Protectors

BY MARIE PULEO

City officials joined Lighthouse Point Fire Chief David Donzella at the fire station last month for the unveiling of an almost three-foot-high bronze plaque that now hangs on the northwest corner of the building. They were celebrating the recent acquisition of something the fire station had never had since it was built in 1974: its own fire sprinkler system.

The plaque was a gift from the National Fire Sprinkler Association (NFSA), which arranged for the new fire sprinkler system to be installed by members of its Florida chapter.

The NFSA got involved in the project when it was contacted by the home improvement television show "Designing Spaces" and was asked if it would be a sponsor of an episode that featured a makeover of the Lighthouse Point firehouse (the episode aired last month on Lifetime).

"We said, 'We'd love to, but only if you let us put a sprinkler system in it, because we've got to protect the firefighters,'" said Shane Ray, who is president of the NFSA, and came from its headquarters in Maryland to attend the dedication of the plaque. "The fire station is critical infrastructure to the community."

This is the first time the NFSA has retrofitted a fire station with a sprinkler system. The city's two-story firehouse was lacking a sprinkler system because it wasn't until 2005 that it became a requirement for new firehouse constructions to have one.

"It's a great honor to have the city recognized for installing a lifesaving fire sprinkler system within its fire station," said Chief Donzella. "I believe that this sprinkler system is important



City Administrator John Lavisky, Commissioner Earl Mauker, Fire Chief David Donzella, Mayor Glenn Troast, Commissioner Sandy Johnson, President of NFSA Shane Ray

in the fire department's trying to promote the use of fire sprinkler systems in residential and commercial buildings throughout the city."

Fifteen member companies of the Florida Fire Sprinkler Association (the Florida chapter of the NFSA), including manufacturers, installers and suppliers of fire sprinkler systems, came together and donated their time, materials and labor to put in the sprinkler system, which is valued at \$50,000.

"These are member companies who normally compete with each other for business day in and day out," said Ray. "It would be like asking McDonald's and Burger King and Wendy's to do a project together, but they came together here to do this flawlessly."

Wiginton Fire Systems in West Palm Beach coordinated the effort, along with Wayne Automatic Fire Sprinklers in Pompano Beach, Summers Fire Sprinklers in Boca Raton and Milton J. Wood Fire Protection in Jacksonville.

The project, which took about three months to complete, involved designing the system, getting permits, inspections, installing the sprinkler pipe, and then connecting it to the water main in the street.

"It was a wonderful working relationship between many companies to have this come about for our benefit," said Donzella.



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City Commission Set to Hear Public Comments and Vote on New Budget

The city commission is scheduled to vote this month on the city's proposed total operating budget of \$17,675,909 for next fiscal year, which begins Oct. 1, 2017. The public will have an opportunity to comment at two public hearings on Sept. 13 and Sept. 25.

The budget calls for a proposed operating millage rate of 3.5893 mills, which is the same rate that has been in place since fiscal year 2011/2012, and is currently the second lowest proposed operating millage rate in Broward County. An increase to the Fire Protection special assessment is being proposed, which would add \$30 to the current rate of \$90.34 to help cover the cost of some needed equipment for the fire department.

Even with the proposed increase, it would still be the lowest rate in the county for fire protection services. There are no proposed changes to the Stormwater Utility and Residential Solid Waste Collection special assessments.

The dates of the city commission meetings are as follows:

- Wednesday, Sept. 13 at 6:30pm – First Budget Public Hearing.
- Monday, Sept. 25 at 6:30pm – Second Budget Public Hearing and adoption of final budget.
- The meetings take place at Fletcher Hall, 2200 NE 38th Street in Lighthouse Point.



The Camera Never Blinks

NEW SURVEILLANCE CAMERA SYSTEM FOR CITY FACILITIES

The city will be getting a new multi-site video surveillance system that will replace the existing cameras in and around City Hall, the library and the police station. The existing security system, which is almost 11 years old, has become operationally deficient and uses an older analog technology. It will be upgraded to a digital security surveillance system that will provide coverage at additional city facilities and parks.

Lighthouse Point Police Chief Ross Licata, in consultation with other department directors, identified the best places to position the cameras. The additional locations include: Dan Witt Park, Frank McDonough Park, the tennis center, the fire station, Dixon Ahl Hall and Public Works.

The cost of the new video surveillance system, which will include 62 cameras, is approximately \$185,000. A new control room computer and monitors for the surveillance system will be purchased for under \$3,000, and will be located in the police department dispatch center. Installation of the system will be completed by the end of October.



UPDATE

SweetBriar Coffee Shop

Plans to transform the former gas station at 2101 NE 36th Street into SweetBriar, a specialty coffee shop, are still underway, according to Carly Altier, one of the shop's co-owners.

"We want Lighthouse Point residents to know we appreciate their patience along this journey," said Altier. "We're doing everything we can to move forward as diligently and quickly as possible."

The site plan and "change of use" for the property was approved by the city earlier this year, and a lease has been signed with the property owner. Permitting is still needed for the interior components of the building but has not been requested from the city yet. Because the building has stood vacant for nearly eight years, there are some minor interior repairs that have to be tended to prior to

submitting a building plan.

Altier and SweetBriar's other owner, Monique Keitz, began taking the necessary steps to redevelop the site in May 2016. The coffee shop's menu will include locally roasted coffee, specialty teas, cold press juices, smoothies and locally-made light fare (empanadas, quiches, tarts and pastries). There will be indoor and outdoor seating, as well as a drive-through. In the evening, specialty crafted beers and wine will be served, and on Friday and Saturday nights, there will be live music.

Altier and Keitz are the owners of The Seed in Boca Raton. To get a taste of the experience that SweetBriar is going to bring to the community, Altier said they will send a complimentary coupon for The Seed to anyone who signs up for email updates at sweetbriarlh.com.

Iced cappuccino at The Seed, 199 W. Palmetto Park Road, Suite E, Boca Raton, 561-430-5640, theseedboca.com



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Two Island Water Sports Team Surfers Could Be Headed to the Olympics

BY DANIELLE CHARBONNEAU



Sterling Makish. Photo by Asher Nolan

For the first time in history, surfing will be a part of the 2020 Olympics in Tokyo, Japan. After several failed attempts to make surfing an Olympic sport, the International Surfing Association (ISA) succeeded. On August 3, 2016, the International Olympic Committee (IOC) confirmed surfing will be in the 2020 games. As a result, the ISA has started grooming young surfers across the nation for future Olympic competitions, including those in Paris is 2024 and Los Angeles in 2028. The Olympic Developmental team

consists of surfers born in 2004 or 2005 who would most likely compete in Paris or Los Angeles. Only 19 surfers across the nation made the cut, and two of them are from Deerfield's own Island Water Sports (IWS) surf team.

Sterling Makish and Ava McGowan have been sponsored by IWS since around the first grade. The two 12-year-old, blonde-haired "groms" and childhood friends have done well on the competitive

surf scene and both recently surfed in the invite-only USA Surfing Championships in San Clemente, Calif. at Lower Trestles Beach. It was there that Joey Buran, the US Olympic Developmental Team coach and scout, was watching.

"He was watching every single heat," said Steve Makish, Sterling's dad. "He was really paying attention."

At the end of the competition, the Olympic Developmental team was announced. While Sterling had made the championship semi-finals and been given a heads-up that he would be making the team, Ava and her family were completely surprised by the announcement.

"I didn't even think that she was going to be considered because she didn't make the final at the championship," said Heather McGowan, Ava's mom. "It was pretty incredible... to be chosen and to know that all of our efforts and hard work paid off. I cried."

Both Ava and Sterling now have the opportunity to train with Buran, who is the former national Head Coach for the USA Surf Team and has coached pro teams in Chile and Great Britain. Buran told his new team members that over the next year he is hoping to have at least one training day per month, plus a couple two- to four-day training camps in Southern California. Buran also hopes to have guest athletes from other countries join the team for training.

Sterling and Ava are two of six who made the team from the east coast. The other 13 members are from the west coast. In the championships, they surfed against surfers from both coasts and Hawaii.

"There is the incredible reality that some of you might actually be competing for Team USA in pursuit of Olympic Gold in the sport of surfing," Buran wrote in a letter to the team members. "This team is USA Surfing's entry-level first step toward that ultimate goal."



Meadow, Sterling, Steve and Diane Makish on Deerfield Beach. Photo by Jeff Graves

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New Look, New Feel, New Menu

OFFERDAHL'S OFF-THE-GRILL OFFERS HEALTH CONSCIOUS FAST-CASUAL OPTIONS

WITH THEIR MOTTO OF "JUST-GRILLED, ALL-DAY, FEEL GREAT!," veteran award-winning restaurateurs John and Lynn Offerdahl have added another champion entry to their game plan — Offerdahl's Off-The-Grill.

Savory dishes and fresh grilled creations are the key ingredients that are quickly making Offerdahl's Off-The-Grill a continued local favorite fast-casual eatery since 2000. Last year, the Offerdahls quietly rebranded the restaurant with a new name, logo, look and feel while evolving the menu to reflect the growing trend toward more health-conscious and preservative-free dishes. You could say they've filled a nutrition-rich niche.

Now, customers can choose from a variety of grill-prepared proteins including steaks, chicken, wild-caught sustainable

variety of soups and coffees.

"At Offerdahl's, we believe your food should not only taste good, but fuel your body to perform at its best," said John Offerdahl, proprietor.

"As former athletes, we designed our menu with the help of a nutritionist to make every calorie count. These nutrient-dense calories give you energy all day and help you feel great."

If the Offerdahl's name sounds familiar, it's because the power duo are the tastemakers behind another flavorful slice of South Florida — Offerdahl's Bagel Gourmet Shop, the small over-the-counter bagel stop that served oversized, fresh-baked bagels. During the heyday of John's all-pro football career as a Miami Dolphin middle linebacker, he opened the first Weston location in 1990 and grew the chain to 10 stores before he retired from both football and his bagel enterprise in 1995.

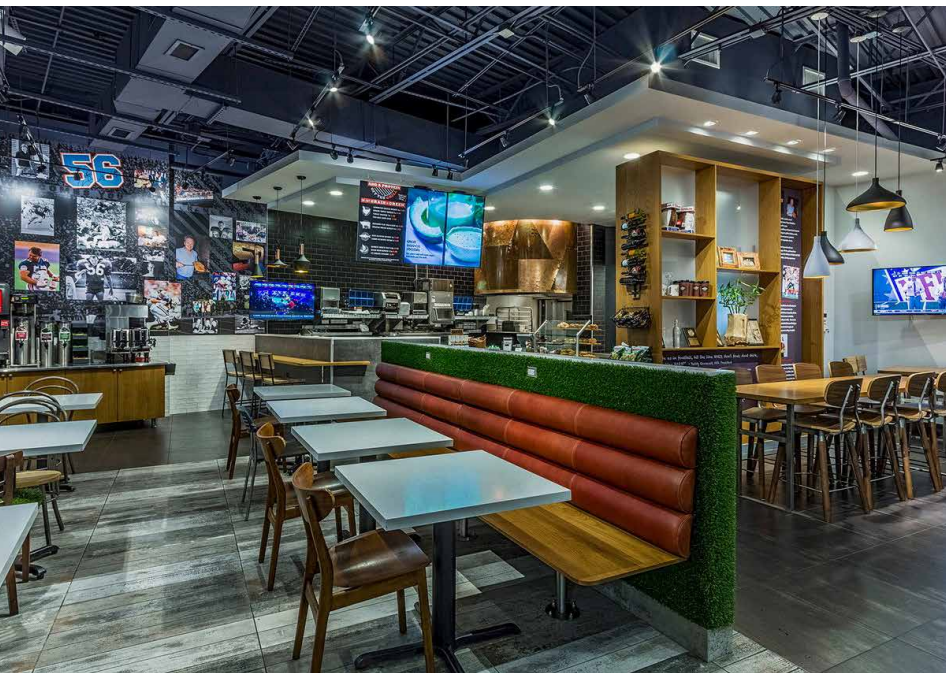
This year Offerdahl's Off-The-Grill will continue the philanthropy of Offerdahl's Hand-Off Foundation, created in 2012 to help struggling families with housing, foster care, nutrition and sports programs. Ten percent of Off-The-Grill's Team Incentive Pool (TIP) is contributed to support charity and then matched by the Offerdahl's front office to maximize community impact.

"We're looking forward to the next delicious chapter in Offerdahl's culinary journey," added John Offerdahl. "We'd like to thank our fans for supporting us on and Off-The-Grill!" ✨

Offerdahl's Off-The-Grill is located in the Shoppes at Beacon Light in Lighthouse Point. Visit offerdahls.com for more information.

Gridiron Grill-Off Food & Wine Festival

Fans are also invited to sample a taste of Offerdahl's at the annual John Offerdahl's Gridiron Grill-Off Food & Wine Festival set for Saturday, Nov. 11, from noon – 4pm at the Pompano Beach Amphitheater. The all-inclusive ticket for this event combines food, football and fun to benefit Offerdahl's Hand-Off Foundation. For more information, visit gridirongrilloff.com.



salmon, shrimp and premium sirloin burgers to top off healthy greens, vegetables, fruits and grains, including brown rice, quinoa and farro. The bakery also offers daily-baked breads that contain no preservatives like croissants, baguettes and pastries. To match the restaurant's warm atmosphere, Offerdahl's also serves a



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Secret Menu

BY JIM TERLIZZI

I RECENTLY DISCOVERED THAT IF “YOU’RE IN THE KNOW,” there are many restaurants that have secret menus.

For example, if you take your dog to Starbucks and order a Puppuccino, the barista will hand you a small cup of whipped cream. Since this may not be the best dietary item for Fido, it helps explain why many eateries keep their secret menu secret. If People for the Ethical Treatment of Animals (PETA) get wind of this, they probably will file suit, with your bow-wow as the plaintiff.

If you’re a Harry Potter fan, you can get a Butterbeer Frappuccino at Starbucks, but you have to order it this way: tall vanilla bean crème frappuccino, two pumps caramel syrup, two pumps toffee-nut syrup, light caramel drizzle, light ice, light whipped cream. It comes with a side of insulin.

Next time you’re at Chipotle, order a quesarito, which is a burrito wrapped in a quesadilla. This is best served with a Pepto Bismol sauce.

I am not fond of nouveau cuisine, which usually consists of a teaspoon of foie gras atop half an endive, drizzled with raspberry sauce for \$85, but if you like the French influence, go to McDonald’s. There, aficionados can order the chicken cordon bleu McMuffin. I am told the recipe came directly from Larousse Gastronomique.

Courtesy of HackTheMenu.com, here are some more secret menu items:

CHICK- FIL- A: Buffalo chicken sandwich. This is like a boneless Buffalo chicken wing with a sneaky-hot sauce. To cool the fire, order a root beer float (if your location has soft-serve ice cream). If your budget is limited, ask for the free Ice Dream. Not sure what it is, but it’s tasty in a cup or cone.

BURGER KING: The suicide burger — four beef patties, four slices of cheese, bacon and special sauce, stuffed between sesame seed buns. In order to eat this without a knife and fork, you need a mouth big enough to suck the chrome off a trailer hitch. A word of caution — before ordering, make sure the restaurant has a defibrillator tableside.

DAIRY QUEEN: If you want a dessert that’s not on the menu, ask for the DQ banana split blizzard. You can assuage your guilt by noting it contains banana, strawberries and pineapple, thus helping you meet your required fruit intake.



ARBY’S: While their menu is pretty straightforward, there are some freebies available. You can make the “bread switch” and order any sandwich with any bread they carry; add “Tanglers” (their version of onion rings) to any sandwich, and get any sauce free with one exception — their cheese sauce costs extra, but no big deal. What self-respecting gourmand would put cheese sauce on roast beef?

SUBWAY: If you like to nibble around the edges of your sandwich, order the “wing effect.” Instead of stuffing the ingredients inside the bread, they will let it hang out. If you order the sandwich “old cut” the top half will be much thinner than the bottom, enabling you to suck out all of the cold cuts without eating the bread. Or, you could just go to Publix, order various sandwich meats and eat the free slices at the counter.

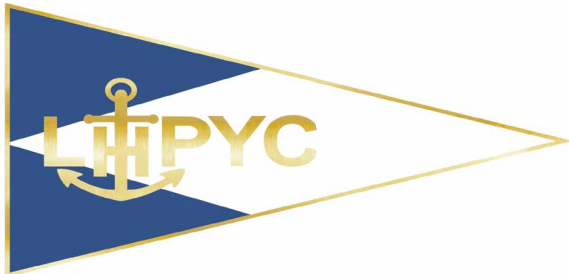
KFC: Their secret item is poutine, a Canadian delicacy. It consists of French fries with fresh cheese curds smothered in gravy. This may explain why Canadians have that odd accent.

Finally, if you ever are in Shanghai, China, you will find my favorite dish on the secret menu at Ji Shi restaurant — filet of panda. ✨

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Make a Successful Start Back to School

BY DR. JILL SELBACH

IT'S THAT TIME OF YEAR ONCE AGAIN WHEN THE KIDS are back in school. Everyone has the desire to start off on the right foot. But, how do we stay on the right track? Successful students have several things in common. Some of these characteristics we are born with, and others we can easily institute in our lives. Good students tend to be curious. They enjoy learning and want to gain an understanding of new information. They have a thirst for knowledge. It is important to help children to find what excites them and expose them to that excitement when learning. A willingness to learn what is required, even when it's not something you like or think is useful, is also really important to being a successful student. Here are some tips for students:



SET GOALS FOR THE SCHOOL YEAR and list out small steps that need to be taken in order to reach those goals. The Drucker Institute talks about setting SMART goals that are: specific, measurable, achievable, realistic and time-bound.

CHOOSE SMART FRIENDS WITH SIMILAR GOALS. The people with whom we spend time greatly influence our thinking and behavior. It is much easier to stay on track with your goals if you surround yourself with people like you. They will be less likely to encourage you to forget about your homework and go to the beach.

BE ORGANIZED. Use a planner. Keep on top of long-term

assignments, breaking them down into small manageable pieces. Schedule time to complete specific assignments so there is no last-minute pressure that handicaps you from submitting your best work. Have an organized work area that is quiet, well-lit and has all supplies on hand. Start the year with binders and notebooks designated for each class and have areas to store information from each class.

ASK QUESTIONS AND GET ANSWERS. Don't be afraid to ask questions when something does not make sense. Many people are intimidated to ask a question in front of a class. Chances are several others are wondering the same thing and don't have the courage to ask. You can see the teacher/professor after class or ask another smart student.

BE OPEN TO FEEDBACK DURING THE LEARNING PROCESS. It is easy for people to become defensive, but this gets in the way of making improvements and adjustments. Review mistakes on tests, quizzes and writing assignments. Allow the teacher/professor to do their job and provide constructive criticism.

A GOOD FOUNDATION OF BASIC ACADEMIC SKILLS IS VERY IMPORTANT. Start early with young children to develop basic reading and comprehension skills, number sense and math automaticity. Strong academic skills, written and verbal communication skills are essential to being a successful student.

PUT YOUR BEST FOOT FORWARD. Students are far more successful when they attend class and show up on time. Good students look for opportunities to get extra credit and turn in all assignments. This demonstrates to the teacher/professor that you care about your grade and have the drive to work to improve your grade.

FIND BALANCE. And last but not least, students who succeed manage stress and strive for balance. Good, regular physical exercise is imperative as well as good sleep, hygiene and proper nutrition. These things coupled with organization, planning and social outlets help us be at our best in every way. *

Dr. Jill Selbach is a licensed clinical psychologist. For more information visit drjillselbach.com or call 954-618-8412.

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Auto Insurance? **HOW TO SPEND YOUR MONEY WISELY**

BY MARTIN ZEVIN, ATTORNEY

I AM NOT AN INSURANCE AGENT. I AM AN ATTORNEY WHO HAS

been practicing personal injury law in Florida for over forty years.

I have negotiated settlements for injured clients with almost every insurance company that does business in Florida. As part of my representation, I obtain and study the insurance coverages available for my client, the owner and driver of the vehicle in which my client may have been a passenger, as well as the insurance coverage of the driver of the vehicle who was at fault (and the owner of that vehicle if different than the driver).

Many people don't realize that the insurance covering their own cars may be helping someone else more than it is helping them. In an effort to save money, people elect 100/300 (\$100,000 per person, \$300,000 per occurrence) for bodily injury liability, but only \$10,000/\$20,000 for uninsured motorist. This means that, if you are at fault for an accident, the other driver and any passenger can make a claim for up to \$100,000 per person without you having any personal liability; however, if you are injured by someone else's negligence, the



most that you can obtain as a settlement from your own uninsured motorist coverage is \$10,000.

Therefore, the first thing that you should do in reviewing your car insurance is to be sure that you have at least the same amount of uninsured motorist coverage as bodily injury liability coverage. I recommend at least \$100,000/\$300,000. If you can afford more, you can elect \$250,000/\$500,000 or a \$1 million umbrella policy. Be sure to include uninsured motorist in the umbrella policy. Do not try to save money by electing a lesser amount of uninsured motorist coverage; you are going to end up regretting your decision if you are injured in an accident that is someone else's fault. Uninsured motorist coverage is the most important coverage you can have in Florida because it protects you not only from drivers who have no bodily liability coverage, but also from those who do not have enough coverage to compensate you for your injuries and your pain and suffering. In addition, if you own more than one vehicle, always elect to "stack" the uninsured motorist coverage. It is very inexpensive to do so. If you

have two cars, it doubles your uninsured motorist coverage; for three cars, it triples the coverage. This gives you much more protection for a very low additional premium. You do not have to wait for your premium renewal to increase your uninsured motorist coverage or to add stacking.

If you want to save money on your car insurance premium, look at your deductible for collision coverage. Many people pay a substantial portion of their premium to cover damages for an older car and elect a low deductible (between \$100.00 and \$500.00). Let's assume that you have a car that is 10 years old. You are paying a total premium of \$1,200.00 every six months. Of that amount, \$400 is going for the collision coverage with a deductible of \$500. One day, you back out of your driveway and hit a tree. This results in \$800 of damage to your bumper. Are you really going to put in a claim to your insurance company for the \$800 repair minus the \$500 deductible, resulting in a net claim of \$300 reimbursement to you? I strongly recommend against doing so, because you will then have a claim against your record for negligent driving. This will not only be likely to result in an increased premium the next time your coverage comes due, but also be a negative claim against you for all future car insurance coverage. Therefore, do not make a collision claim unless your damage is very substantial.

For a ten year old car, it is also likely that a serious collision will result in your car being totaled, since the costs to repair the car would be more than 75 percent of its replacement value. My recommendation for collision coverage is to elect a deductible of \$1,000 for newer cars and to consider eliminating collision coverage completely for older cars. Remember, if it is the other driver's fault, he is required to have property damage liability insurance of at least \$10,000 to cover repairs to your vehicle. It is much wiser to spend the money that you will be saving by eliminating collision coverage and put it toward increasing your uninsured motorist coverage, which is protecting yourself rather than your car.

It is also very important to shop around on a yearly basis for the best car insurance rates. There is a huge range of premiums for the same insurance. Also, if you have been with the same company for several years and they keep raising your premiums, ask if they have a "re-rating" department to give you a different quote. You could save hundreds of dollars by being re-rated and getting a new policy with the same company. *

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Burn Out

**HOW A FEW SIMPLE CHANGES
MAKE A WORLD OF DIFFERENCE**

BY CRAIG HALEY

NO ONE CAN ARGUE THAT WE ARE LIVING IN ONE of the busiest times ever. Information is flying at us at a faster rate than ever before. It's easier to stay connected to anyone you want with social media, text messaging and email. We are inundated with marketing messages on our phones, computers, online, the radio and more. On top of that, we seem to have this insane desire to overbook ourselves, which leads to stress, frustration and fatigue.

Sound familiar?

Most of us have to accept responsibility that we are part of the problem. That's right! It's time to look in the mirror and say, "I am responsible!"

Understand it's not the information coming at us. It's the information overconsumption. We allow ourselves to be so connected, so easy to reach and so available that we get overwhelmed.

And guess what happens when we get overwhelmed?

We look for a convenient distraction, such as Facebook or YouTube.

Not only have we lost our minds. We have lost our

manners.



So, what is the answer? Here are a few ideas...

- **DO ONE THING AT A TIME.** Turn off your phone, eliminate distractions and just do one thing at a time. You will be amazed at how much you get done and how less stressed you are.
- **DO THINGS SLOWLY AND DELIBERATELY.** Take your time and shoot for excellence
- **DO LESS.** It's OK to say no to play dates for your kids, parties, events and other stuff that you don't want to do or don't have time to. The people in your life can handle you saying no once in a while.
- **DEVOTE TIME TO SITTING AND DOING NOTHING.** Just schedule it: 15 minutes of sitting and thinking (without your phone) can be rejuvenating, relaxing, and prepare you for what lies ahead.
- **SMILE AND SERVE OTHERS.** You don't have to be Mother Teresa. Just go out of your way to be nice and do something for someone else. You will feel great.
- **FOCUS ON ONLY WHAT IS NECESSARY.** Do what you must and keep life simple. It's not about quantity, it's about quality.
By doing this, you will be happier, have more energy and be able to tackle the most important goals in your life. *

Craig Haley is the Sixth Degree Black Belt instructor at Elite Force Martial Arts, eliteforcemartialarts.com.

Did you know?

53%

of all Americans admit to checking email when driving

61%

check email while on vacation

75%

of people admit to using their phones in the bathroom

43%

of people admit to checking email in the middle of the night

38%

of people admit to checking their phones at the dinner table

Source: Darren Hardy, Insane Productivity Course

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The Mythical Land of WaWa

BY DANIELLE CHARBONNEAU & DANIEL MYERS

WHEN MY ROOMMATE FROM NEW JERSEY

talks about WaWa, it's as if she's describing some mythical place like Oz or Never-Never Land. She drools over the thought of WaWa's peach iced tea and comes home with bags of pre-packaged salads, hot panini sandwiches and mini donuts. My other roommate, who is from close to Philly (the original land of WaWa), raves about the gas station's coffee bar, with its massive lineup of coffee types, flavored creamers, mini marshmallows and shakers of cocoa powder, cinnamon and vanilla. I never quite understood either of their odd fascinations with the weirdly-named store (WaWa? I mean, isn't that the noise a baby makes?). Nonetheless, when they exclaimed (for months, I might add) that WaWa was coming, I too awaited the store's arrival with anticipation.

I was expecting something akin to 7-11. You see, as a native Coloradan, 7-11 was my gas station homeland. I worshiped Slurpees in the summertime (I mastered the technique of mixing the flavors and tapping the cup on the counter to ensure the maximum amount of Slurpee smooshed down into the cup). I also liked perusing the rows of candy and occasionally indulged in some stale round tortilla chips covered in an odd orange sauce called nacho cheese (what that rubbery sauce is, I will never know). I have some sweet nostalgia for my childhood 7-11. Yet, when I recently entered WaWa for the first time, I must admit, WaWa puts 7-11 to shame. I suppose you could say I had a Come-to-WaWa-Experience.

While ordinarily I would take some extreme excursion for this column like sky-diving, shark-tagging or Porsche racing, I decided to keep this month's Urban Adventure simple and explore the land of WaWa. Together with my intern Daniel, we set out to pick some WaWa highlights. Here's what we loved about WaWa:

1) COFFEE AND FIX-INS

Avid coffee drinkers may be skeptical, but WaWa might be the best place around to grab a quick coffee. With ten different coffee roasts (like French Vanilla, Hazelnut and Dark Roast), a hot beverage machine (which included english toffee, hot chocolate and original cappuccino), an iced coffee machine, mini marshmallows and a whole host of creamers and shakers, WaWa is a fun place to mix, cream, dust and create your own coffee concoction. Just don't do what I did and act like a six year old, mixing every ingredient on the line.

2) PRETZELS

Soft pretzels are fairly standard fare for gas stations and ballparks, but WaWa's take it up a notch. The Sweet Cream Cheese Pretzel is currently our favorite,



with a creamy center and crispy-perfect pretzel. It's salty, sweet and creamy. The more classic 'Philadelphia' pretzel, as pointed out to us by an employee, is a WaWa icon. Freshly made in Orlando specifically for WaWa, these pretzels raise the bar for soft pretzels. There's also a cheddar-cheese-stuffed version.



3) HOT FOOD / SANDWICHES

It's hard to come by a gas station with hot food beyond taquitos and hot dogs rotating in a plastic box. WaWa's centerpiece is a kitchen, boasting stainless steel ovens and the works. Expect some quality sandwiches here.



4) ICED TEAS

Wa-Wa carries its own brand and each bottle is only \$1. There's a large variety including peach, tangerine white tea, lemonade-iced tea combo and green.

5) POTSTICKERS

Yes, potstickers. What else do we need to say?

6) MINI-DONUTS

There's like 10 different kinds for your midnight sweet tooth.

7) ACCESSIBILITY & PARKING

WaWa just feels nice. The parking lot has over a dozen spaces, there's room between pumps and outdoor seating for lunch. And unlike most gas stations, the inside is spacious. It's like the Rolls Royce of gas stations.

8) FRIENDLY STAFF

Our experience at WaWa took a personal turn when we began speaking with employees. One employee, Jared, was not only helpful but down-right friendly. A 22-year veteran with WaWa, Jared had high praises for the company and the myriad benefits he receives from them. If Jared is any indication, it seems WaWa treats their employees very well. *

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To all the Grandchildren in the World

BY WENDELL ABERN

DEAR GRANDCHILDREN EVERYWHERE,

Today, I am writing to apologize to all of you.

Usually, I try to write humor. But 16 years ago, terrorists killed thousands of Americans by flying airplanes into buildings. And this month, memorials and other reminders of that horrendous day make it impossible to write anything funny.

Instead, today, I want to apologize to everyone in your generation from everyone in mine.

As presumptuous as that sounds, consider: My generation inherited one world war and lived through another. Millions of people were killed.

We should have learned something from those two terrible wars. We should have made the world a better place for you.

We didn't. And we didn't.

More than 150 years ago, a man by the name of Georg Wilhelm Friedrich Hegel said, "What we learn from history ... is that we never learn from history."

My generation, like all of those that preceded it, confirms the truth of that statement. We never learned, for example, the one thing that every human being on earth has in common: none of us asked to be here. We had no say in the matter at all.

Personally, I believe that once given the gift of life, no one should have the right to take it away. I sometimes wonder how many concur with that, since human beings kill other human beings every day. Every hour. Every place on earth.

And in wars, we kill each other by the millions, almost always in the name of some -ism, -ology or -ocracy.

One reason we keep warring is because of another lesson no generation has ever learned: how to tell the good guys from the bad guys.

That is just as dumb as it sounds. But it keeps happening. Every century. And it happens because we never understand how badly we want to believe in our leaders: our presidents, our prime ministers, our

priests, our rabbis — any of our leaders. We want them to be smart, fair, honest, and always right. We forget our leaders are simply human beings, capable of making mistakes and being wrong. And because we want so badly to believe in what they tell us, we seemingly do anything they ask.

Too often, our leaders convince us our -ism is the only true and righteous one, rendering us easily manipulated ... and exploited. We become wary of others. Cautious. Suspicious. Too often, our judgment of "those others" leads to mistrust and outright hatred.

Hatred. A much underrated and overlooked emotion. It's what our leaders use to galvanize us in a common cause. Ergo, wars.

Millions of Americans protested our country's involvement in Vietnam because we didn't understand who hated us. Conversely, if President Carter had declared war after Iranian zealots kidnapped 52 Americans, we would have responded with fervent jingoism.

One thing the human race has learned — but sadly, ignored — is that history is written by the winners. So how can we ever be sure the good guys won and the bad guys lost?

Many centuries ago, a man named Alexander led an army that conquered other countries. Some history books still refer to him as Alexander the Great. It is unlikely he was called "great" by the thousands of widows and orphans his marauding armies left in their wake.

If Germany had won World War II, the madman Adolph Hitler — arguably the most evil human being who ever lived — would be portrayed in today's history books as a dynamic, charismatic leader.

Some 10,000 years ago, the human race discovered agriculture, creating a gigantic sea change in our evolution. We no longer had to hunt for food. We could grow our own. We settled down. We grew into little communities. We created villages. And towns. And cities. And boundaries.

We have been at war ever since.

Personally, my strongest belief is that nothing is as sacred >>>

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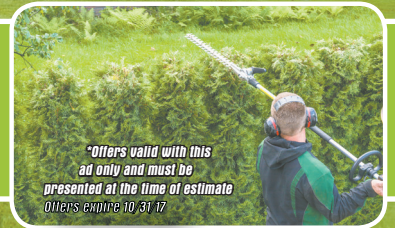


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◀◀◀ or as beautiful as a human life. Any human life.

I doubt many leaders would agree with that. At some point in the history of our civilization, our leaders determined that our beliefs were more important than our lives. That has never changed.

About 7,000 years ago, there were almost 27 million of us listening to a few leaders, telling us to go kill each other in the name of some -isms. About 500 years ago, there were now 450 million of us, still listening to a few leaders, still telling us to go kill each other in the name of some new -isms. Today, there are approximately 8 billion of us, still listening to a few leaders, still telling us to go kill each other, still in the name of some -isms.

When does it stop? When do we stop using our beliefs as license to kill each other?

Today, more than 70 years after the unspeakable atrocity known as The Holocaust ... after a weary world swore, "Never again" ... after a United Nations was created to bring peace to the whole planet ... genocides continue to flourish.

Ethnic cleansing occurs every decade or so. As I write this, the slaughter of innocent people continues in Africa, Eastern Europe, the Middle East and Asia, all in the name of some -isms.

Leaders of these slaughters, of course, invoke hatred as a motivator. And why not? It always works.

Some have tried to unite people by other means.

For a while, Mahatma Gandhi brought people together with love instead of hatred. So did Martin Luther King Jr. So have a precious few others.

Unfortunately, too many leaders have discovered that hatred works better.

And finally, here is a lesson we all should have learned in kindergarten: There is only one planet that supports life. This is where we all have to live. We should be taking care of this planet. And I must admit, your generation is doing a much better job of it than mine did. Or any generation, for that matter. I hope you can start to turn other things around also. Most of all, I hope you can start ... to stop ... the killing.

It will take many, many future generations to overcome cycles of hatreds generating hatreds; of killings spawning revenge; of broken alliances, shattered truces and unconscionable genocides.

The end of these mass murders has to start sometime. I hope it starts with you. I hope you can make the world a tiny bit better. And a little bit cleaner. And much safer. I hope when you are my age, you never have to write a letter of apology to all the grandchildren in the world. *

Sincerely,

Wendell Abern

*Wendell Abern can be reached at
dendyabern@gmail.com.*

(EDITOR'S NOTE: This column first appeared shortly after the 9/11 tragedy in 2001. It has run every year since, with the author's updates.)



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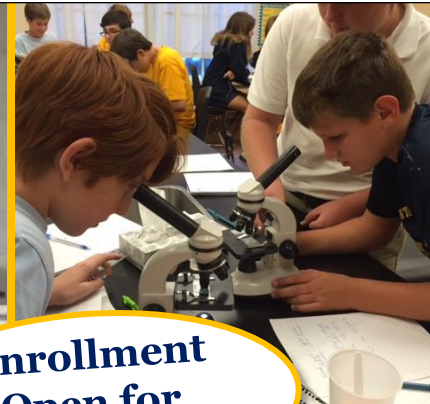


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CHARTING

**BIG CHANGES ARE IN STORE FOR THE
LIGHTHOUSE POINT YACHT CLUB
AS NEW OWNERS TAKE THE HELM**

BY MARIE PULEO

A

NEW

COURSE

A

After being closed for a month, the clubhouse of the Lighthouse Point Yacht Club is reopening its doors on Sept. 1 with a fresh look, new head chef, updated amenities, increased operating hours and big plans for the future.

demographic of Lighthouse Point, which we have found to be 40- to 50-year-olds and their families,” said Paterson. “We want to make it easy for our members to come and leave their kids with our qualified staff while they enjoy themselves around the property.”

In the months to come, there are plans to roll out new spa services, such as manicures, pedicures, hair styling and some minor medical spa treatments.

Paterson said a search is actively underway to find a local art gallery that would partner with the club to display and sell art. It would be a way to change the artwork at the club regularly, while providing a unique service to members and their guests.

“If you haven’t visited the club in a while, now is the time to come back,” said Pat Vargas, who has worked there for

about 30 years.

But all of these upgrades to the club are just a prelude to even bigger changes that are in the works. If all goes according to plan, the clubhouse will be demolished in March of 2019, and the construction of a new, two-story clubhouse will be completed by March 2020.

The current clubhouse, which was built in 1961, is not up to today’s building codes and hurricane standards, according to Paterson.

“I did an analysis to renovate the building,” he said. “It was going to cost the same per square foot to renovate it as it would to demolish it and build new, and would probably take just as long, if not longer.”

Improvements are being made now so members can enjoy the club in the interim and get a taste of what’s to come, said Paterson.

“Even if we’re spending money on something that will be torn down in the future, we’re perfectly happy to do that to show good will to our members,” he said.

The yacht club’s redevelopment plans, which still need to be approved by Lighthouse Point city officials, also include building 10 three-story townhomes on NE 42nd Street that would sell for \$1.3 to \$1.6 million, and 10 two-story, single-family



The clubhouse, which hasn’t had a major renovation in almost 30 years, was completely repainted both inside and out. All new furniture has been ordered, and is expected to arrive by the time the season is in full swing.

“The style we’re going for is nautical, beachy contemporary, while keeping the warmth of a club,” said Fort Lauderdale developer Terry Paterson, who in July acquired the yacht club for \$16 million, in partnership with entrepreneur Angel Doraliev. The club’s previous owner, James Anderson Sr., owned the club for 44 years.

Other changes include the club’s newly redesigned logo, revamped landscaping and, to add ambiance, a new sound system installed around the entire property, which uses small directional speakers to keep music within the confines of the clubhouse. A revised menu now features healthy, fresh, contemporary, Mediterranean-style cuisine, while still keeping all the members’ old favorites. The food will be served on new tableware in an entirely different presentation style.

Also, as of this month, childcare services have been increased from two nights, to four nights a week.

“We are highly focused on the growing

“If you haven’t visited the club in a while, now is the time to come back.”

—PAT VARGAS

(WHO HAS WORKED AT THE CLUB FOR ABOUT 30 YEARS.)



waterfront homes that would sell for upwards of \$4 million. These residences would be on land currently occupied by the club’s 10 tennis courts, and profits from their sale would be used to fund the new clubhouse.

“Members don’t want us to charge skyrocketed rates for their membership fees,” said Paterson. “They understand that, to avoid

tennis courts. Paterson said he would like to have more, but keeping the existing tennis courts on valuable waterfront property isn’t financially feasible. There was no place to put them other than the roof, because space was also needed to meet the club’s parking requirements. However, he is looking at other options to be able to add two more.

SAVE THE DATE

In mid-October, a big “get-acquainted” party is planned at the yacht club for members and all Lighthouse Point residents. It will be an opportunity to see the club’s new renovations and to learn more about its future plans. Reservations will be required. Visit the club’s website at lpyrc.com for details as the date approaches.

In terms of interior square footage, the new clubhouse would be almost identical to the old one. The existing clubhouse and its auxiliary structures (the gym, laundry area and bathrooms) have 33,000 square feet of air-conditioned space. The new clubhouse, which would consolidate everything under one roof, would have just under 33,000 square feet of air-conditioned space, plus about 3,000 square feet of covered outdoor restaurant/bar space.

The new clubhouse and residences would be done in a “contemporary transitional style with lots of glass and greenery, but with the feel of a yacht club.” The plan calls for using plenty of landscaping to conceal the clubhouse and parking, which would enhance the views of the neighboring residents.

“The building would literally have plantings growing all over it,” said Paterson.

There are plans to put up a six-foot-high privacy wall around the perimeter of the property. A guard gate would be placed at the yacht club’s entrance, which would be moved only about 130 feet from its current location in an effort to maintain the existing traffic pattern of the neighborhood.

Paterson is in the process of requesting city approval for rezoning the property for residential purposes. Once he has that, he expects to start constructing at least the first two houses and one townhome building (there will be three separate buildings for the 10 townhomes) within four months.

Paterson, who is president of Paterson Project Management, began research on the yacht club and possible redevelopment

that, we need the money from this development, otherwise nobody could afford to fix up the club.”

The first floor of the new clubhouse would feature a 75-foot, three-lane lap pool, kids’ pool, resort pool, separate Jacuzzi, 19 cabanas and a poolside tapas restaurant.

The plans also include two bars overlooking the marina (one inside, one outside), and an indoor-outdoor formal restaurant. The second floor would include a state-of-the-art gym with a waterfront view, a health and medical spa, a conference room, a 310-seat banquet hall and a bridal suite for wedding parties. The future clubhouse

would also have indoor and outdoor play areas for children.

On the roof of the new clubhouse, there would be three clay



Terry Paterson



plans two years ago. He has also been reaching out to the club's current members and to the community to find out what they need and want.

"I've been adjusting my ideas to accommodate everybody, and I'm going to continue doing that until we're all happy," he said.

Taking care of the current club members is first and foremost, Paterson said. They have expressed a desire for spa services and outdoor pickle ball courts, which he is making sure they will get.

"While accommodating the current members' needs, the new club is sure to appeal to all age groups and family sizes," said Paterson.

The yacht club currently has 338 active memberships. Up until the mid-2000s, before the recession, there were over 750 active memberships. Paterson intends to grow membership and cap it at 1,000.

It will also make the construction process go as fast as possible, since each section can be built off-site, one at a time, with very little down time.

Although the housing development that is planned for the property would take up 840 linear feet of the marina's usable dock space, Paterson said the buyers of the houses would be given the option to rent out their slips, which would have the same services offered by the marina.

In addition to redeveloping the yacht club, Paterson's company is currently building a collection of 29 luxury waterfront townhomes in Lauderdale-By-The-Sea, as well as 11 homes in other cities across Broward and Palm Beach Counties.

South African-born Paterson presently lives in Coral Ridge, but he and his family will soon become Lighthouse Point residents. A

"While accommodating the current members' needs, the new club is sure to appeal to all age groups and family sizes."

—TERRY PATERSON

The yacht club's \$65 million redevelopment plans also include rebuilding the marina sometime after the new clubhouse is finished. In the meantime, minor repairs and electrical upgrades are planned.

The goal is to keep the existing 78 slips, but they will need to be widened to accommodate the new-style vessels that are being built wider than they used to be, said Paterson, a yachting enthusiast.

A floating concrete dock system would be built because it is "the nicest looking" and the easiest for boaters to get in and out of.

father of three, Paterson is building his own house on the point lot of NE 27th Avenue, overlooking the yacht club. In the meantime, the family will live aboard their 75-foot Azimut yacht, which will be moored at the club's marina.

"I'm genuinely impressed with the quality of people we have in our yacht club and the community of Lighthouse Point," said Paterson. "It's been an honor to meet so many amazing people since I've started this project and I'm excited to meet hundreds more over the coming months." *

Design Star

INTRODUCTION BY RICHARD ROSSER
PHOTOS BY JUAN PABLO CASTRO
DESCRIPTIONS BY TRISH BEAUDET

It's easy to see why Trish Beaudet was cast in a reality television show for home designers. Out of 10,000 applicants the year she applied, only 29 were flown out to Los Angeles and only nine were selected. Her design talent is surely excellent, but her electric smile, head of long black hair and engaging, ready-to-serve attitude surely won over the producers. The HGTV show, "Design Star," hurls challenges at contestants in a pressure-cooker manner, and Trish finished in the top three.

"All of us (cast) have great memories but are all a bit traumatized," Trish summarized as we met in her newly-remodeled Lighthouse Point home.

After meeting some of her family and all three of her adorable dogs, who eagerly joined me on the couch, I learned more about why she did so well on the show and throughout her 17 year career. Her genuine warmth and concern for others are key to thrilling clients.

"I like to excite them about their design," she said. "I design for what my client wants."

Trish said she tries to engage her clients throughout the process of transforming their home or office. She encourages them to buy pieces they are drawn to, then finds a way to work those pieces into the house later.

Trish's personal design style uses contrasts of hard and soft. For example, crystal paired with natural wood. This hard and soft combination is evident throughout her home, which she renovated from April to July of this year. Trish and her family left Michigan for the warmer weather and year-round boating in Florida. "This house had great bones," and "I love the community," were just two of the many reasons she selected her home with the help of her realtor, Erik Cavanaugh. The house underwent big renovations, which inevitably

involved disasters. Her contractors encountered many, but each time, with her big smile, Trish said, "There is no 'This can't be done.' Find a way." Her team did just that.

Trish's design firm is called Cashmere & Vine. You can request a consultation at cashmereandvine.com.

Exterior

Replacing a vibrant yellow exterior with a softer Mediterranean look, the walls were painted a calming ivory and the stone was freshened up with a soft tan. The trim of the home was changed to a dark chocolate, while the garage doors and front door received a face lift as well. Each was stripped, sanded and re-stained to an espresso color. New landscaping added a softer feel to the front of the home.





Trish Beaudet





Great Room

I wanted a very casual, neutral look. The sofas and chairs are done in the same light, oatmeal linen fabric. I coordinated the loose pillows in a soft cream and gray cotton. To add something extra, each piece is dressed with natural, antiqued nail heads.

I chose a two-toned, modern wood console, flanked by two antique nickel bookcases to hide all media components. Instead of a traditional large cocktail table, I selected two, matching cocktail tables in a light distressed wood with antique silver banding.

While I went with a lighter shade of gray on the walls, I really wanted to draw attention to the coffered ceiling so chose a medium shade of gray. The molding detail now stands out tremendously.

Living Room

The biggest change in this room was the flooring. It is a Provenza Old World engineered floor in Castle Gray. Offering so much character, the floor is wire brushed, hand scraped and distressed. The engineered flooring is perfect for the Florida climate and is extremely durable.

The fabrics are soft, neutral colors; they offer a subtle elegance. The massive circular sectionals were chosen in unison to create a warm conversation area for guests. The cream, textured cotton fabric is soft and comfortable. I elected to dress the sofas with casual pillows in all different patterns and shades of smoky gray. The ottoman

is covered in a white, faux fur. I replaced heavy, tapestry drapery panels with a light airy fabric. These massive 25 foot panels were specially made for me in a very sheer cotton with tiny silver threads running through it. The sheen is amazing when sunlight comes through the windows.

I wanted the old feel of a crystal chandelier, but with a modern, rustic twist. I found one that combined both styles perfectly. The large six-by-six chandelier makes a huge statement. I love how the crystal chandelier is suspended in the modern orb. The rustic ebony finish compliments the existing iron banister perfectly.



Dining Room

I paired the existing, traditional crystal chandelier and sconces with a warm, modern dining table made of a reclaimed wood top and antique nickel base. Wanting a more comfortable casual dining room, I chose simple, white linen slip cover chairs. The dramatic window panels are done in a white embroidered tone-on-tone linen fabric.

Master Bedroom

Bringing in the warm modern rustic design to the bedroom, I replaced the original carpet with the same distressed flooring used on the first level. I opted to infuse the bedroom with a more dramatic palate, painting the room in a deep shade of peppercorn gray. The darker shade offers a bold backdrop for the modern chrome, upholstered bed and champagne silver nightstands and dresser. To contrast the silver and gray tones, I chose to add soft gold accents for a nice visual contrast. The white fur rug grounds the master bed and the crystal chandelier adds softness. The chandelier is encased in a delicate, white, sheer shade trimmed with gold.





Kitchen

Besides the flooring, the kitchen was the biggest renovation in the home. I replaced the outdated, cream cabinetry with custom, crisp white, modern maple cabinets. I designed the cabinets myself with the help of a contractor. The doors are inset and have a special router detail.

Wanting a dramatic focal point over the cook top, I chose to take the framing all the way up to the ceiling, which creates the illusion of more cabinetry. Flanking the sides are functional cabinets that contain a pull-out spice rack and shelves.

I used two different tiles for the backsplash. The first — a distressed gray tile I had installed in a herringbone pattern — offsets the linear, white and gray glass subway tile.

In the kitchen I wanted the look of Carrera Marble without the up-keep. I found a Britannica Quartz countertop from Cambria. Its stunning, white and gray movement compliments both the white cabinetry and gray island.

I had my cabinet maker box out the corners of the island and add furniture posts to the ends. The posts are painted in a warm, metallic bronze finish, lightly dusted with gold. The finish compliments the unique pendants hanging over the island. The pedants are that unexpected element in the space.



Loft

Wanting to add a splash of color to the home, I decided to create this cozy sitting area on the upper level. The navy velvet sofa is extremely soft and adds a luxurious touch. Pulling from the deep, smoky grays in the artwork above the sofa, I dressed the windows in a dramatic deep gray, silk panel. I opted to accent the space with gold and metal toned accessories. I came across this unique 6-foot, white antler chandelier. I love how the rustic element of the chandelier contradicts the modern luxuriousness of the other pieces in the room.

POMPANO BEACH FINE FOOD & WINE CELEBRATION



The 2017 Pompano Beach Fine Food & Wine Festival, presented by **Pompano!** magazine, will gather some of the city's finest culinary institutions and wine distributors at Pompano Beach's new Cultural Center for one day dedicated to pleasing the senses.

Here is your guide to this year's celebration.

WHERE Pompano Beach Cultural Center, 50 W Atlantic Blvd., Pompano Beach

WHEN Tuesday, Sept. 19, 2017

MAIN EVENT 6:30-9:00 **VIP** 5:30-6:30

VIP TICKETS \$85 each, or four for \$300 **TICKETS** \$60 each,
or four for \$200

Must purchase tickets online at pompanobeachchamber.com



Yakuza UPS THEIR THAI GAME WITH A **bold new chef**

POMPANO BEACH'S YAKUZA HAS WELCOMED AN INNOVATIVE NEW THAI CHEF HAILING FROM THE FOUR SEASONS HOTELS IN CHIANG MAI, BANGKOK AND SUMAI.

BY DANIELLE CHARBONNEAU

While Yakuza has been recognized for its pristine and innovative sushi by chef and owner Jay Areechot since the restaurant opened in March 2016, the Thai cuisine has remained rather static and traditional (featuring the usual suspects such as fried rice, Pad Thai and curry). Not so anymore.

"Our new chef is bringing things in that are way more exciting," said Yakuza co-owner Mini Areechot.

With the addition of Chef Pirun Pumicome, Yakuza is upping their Thai game. Chef Pumicome comes with an impressive resume — he served as the Executive Chef at the Four Seasons hotels in Chiang Mai, Bangkok and Samui, Thailand, and as the Executive Chef for the Anantara Hotel Resort and Spa in Dubai.

"We want to present things that make people go 'Wow. This is something I could only get in a five-star restaurant or hotel," said Mini. "We've

had our new chef experiment with authentic flavors and modern presentation. The goal is to bring Pompano high-end dishes at an affordable price."

So what makes a Thai dish high-end?

"Flavor," said Mini. "And the way you can manipulate the fresh ingredients. Thai is very complicated because it has so many spices that go into it. It's labor intensive and time consuming. It takes someone who really knows what to do. Our new chef puts a lot of time and care into his dishes, the ingredients and presentation."

Chef Pumicome has already brightened the Yakuza Thai menu with monthly specials. In August, Chef Pumicome's >>>

Chef Pirun Pumicome



In Japanese “Yakuza” translates to Japanese Mafia. Yakuza’s co-owners Jay and Mini Areechot thought of the name while dining at a Chicago underground restaurant with an edgy Japanese Mafia theme.



Chef Jay Areechot

◀◀◀ featured dish was a soft-shell crab presented with a blue crab curry and steamed Chinese Bun for dipping. In September, he will feature some fresh, summer-inspired dishes including: a zesty green papaya salad with grilled prawns; a sweet corn salad with soft shell crab; a marinated and grilled Cornish hen; and a marinated skirt steak with chunks of cucumber, tomato and a lime fish sauce.

“These dishes have very nice and bright flavors,” said Mini.

In addition to Chef Pomicome, sushi chef and owner Noppol “Jay” Areechot will continue to present his signature sushi.

“We typically have about nine different fish in every day — fish people don’t normally carry, such as Wahoo, Branzino and Japanese Snapper,” said Mini.

Some creative sushi rolls you can find on Yakuza’s menu include the Blue Monster (a jumbo lump blue crab roll with garlic butter sauce and masago, topped with serrano, spicy sauce and lemon | \$14) and the Fire Dragon (a lobster tempura roll with cucumber and avocado topped with spicy tuna, crispy masago and micro chive | \$21)

“Now that we have strong teams both in sushi and Thai, we have confidence in showcasing everything,” said Mini.

Yakuza is located at 2515 E. Atlantic Blvd., Pompano Beach. Their hours of operation are: Monday through Thursday, 11:30am to 10:30pm; Fridays, 11:30am to 11pm; Saturdays, noon to 11pm and Sundays, noon to 10:30pm. For more info, visit yakuzapompano.com.

SAKE TASTING

On Sept. 30, Yakuza will host its annual sake tasting dinner. Each of the five-courses will be paired with a premium cold sake.

“Sake is a really new alcohol, generally. Especially to South Florida and Pompano Beach,” said Mini. “We’re the only place in this area that actually carries higher-end, premium sakes. They come from different regions of Japan. Different rice goes into play. Different fermentations and water. Everything affects the flavor.”

To RSVP for the dinner, call Yakuza at 954-951-6077.



Whimsical CUPCAKES

BY DANIELLE CHARBONNEAU



The story behind Coccadotts has all the makings of a Meg Ryan romantic comedy. The scene is Albany, New York. Boy meets girl and falls in love. Boy runs Dott's Garage, an auto and towing shop on a busy urban street. Girl runs the attached mini market and bakery. His last name is Dott, hers is Cocca. Together, they create Coccadotts, the birth-child bakery of gourmet cupcakes.

This is the real life story of Rachel Cocca and Luke Dott, who started Coccadotts bakery

in Albany in 2007. Since then, Coccadotts has expanded, opening a second shop in Myrtle Beach, and a third in Ft. Lauderdale, which opened in May.

Amber Gulnick, Rachel and Luke's niece, moved to Florida in July to help run the new shop as the store's Director of Operations. You'll

find her at the new Ft. Lauderdale shop early in the morning filling, frosting and decorating every cupcake.

The cupcakes are whimsical, decadent and colorful. With over 30 flavors glistening

behind the display case, some adorable iced cookies (one looks like a Minion), and some fantastical, custom cakes, the shop wows the senses. There's the "Cannoli Cupcake" (an almond cupcake, iced in sweet cannoli buttercream, garnished with crushed cannoli shells, chocolate chips and a chocolate-dipped cannoli), the "Banana Pudding" (a vanilla cupcake with wafer baked into the bottom, banana custard filling and a banana buttercream frosting), or there's Gulnick's hands-down, all-time favorite, the "S'mores" (with graham cracker and marshmallow).

If the name Coccadotts sounds familiar, you may have seen the bakery on Food Network's reality television series "Cupcake Wars." Coccadotts competed in the competition three times (in 2010, 2012 and 2013). On their final appearance Coccadotts survived three rounds of competition to win first place and \$10,000. When your mouth bites into one of Coccadotts' moist cupcakes and melts through its luscious frosting, you'll understand why the shop warranted so many appearances on the show.

The tiered cakes are special too. On the menu, Coccadotts lists ten different flavors of cake, nine different mouse fillings, five fruit fillings, three custard fillings and six frosting flavors. Together, that's a lot of combinations, with a lot of room for creativity. Customers can request just about anything.

"People come in with pictures from Google or Pinterest and we will do our best to give them exactly what they want," said >>>



Amber Gulnick, Fort Lauderdale Coccadotts Director of Operations
Photo by Jeff Graves

◀◀◀ Gulnick. “For me, it’s all about being creative.”

Some notable sculpted cakes in the Coccadotts gallery include a giant Patron bottle, a sea turtle and a police station.

“It’s really nice when you get to put their dream together,” said Gulnick, who remembers one customer crying tears of joy at the site of her husband’s photograph on a cake.

You can try one of Coccadotts’ creations at the Pompano Beach Fine Food and Wine Festival on Sept. 19 — the bakery will be bringing 500 assorted cupcakes, plus some creme puffs and eclairs. Or, enjoy a free cupcake by coming into the store and liking the bakery on Facebook. Coccadotts also delivers through UberEats and Delivery Dudes.

Coccadotts’ bakery is located at 6280 N. Federal Highway in Ft. Lauderdale. The hours of operation are Monday through Saturday, 11am to 7pm; and Sundays, 11am to 5pm. Please visit coccadotts.com or call 954-990-5034 for more information.



Oceanfront DINING

MCCOY’S OCEANFRONT AT THE POMPANO BEACH MARRIOTT RESORT SPECIALIZES IN FRESH SEAFOOD AND PROHIBITION-ERA COCKTAILS

BY DANIEL MYERS

Picture yourself with a chilled martini on an open-air patio facing both the ocean and a picturesque, palm-lined pool. A contemporary plate skillfully prepared with local, fresh seafood entices your taste buds. You can watch the moon rise over the ocean and feel like you’re on vacation. These are the perks at McCoy’s Oceanfront at the Pompano Beach Marriott Resort, which specializes in local seafood and is named after the famous run-runner Bill McCoy.

The bar specializes in prohibition-era inspired drinks. The menu features such delicious specialties as “Bathtub Gin” and “The Blind Pig.” The drinks go well with the pictures of the “Real McCoy” that cover the walls.

The kitchen of McCoy’s Oceanfront is not extravagant by any stretch of the word. A relatively small, efficient kitchen, but at the helm of the humble kitchen is Executive Chef Eric Kaszubinski, a man passionate about his craft and local seafood.

“It’s important to support our community as much as possible. I try to supply locally. I work with my sources to get the best South Florida fish in here every day,” said Kaszubinski. McCoy’s menu has a special ‘build-it-yourself’ section featuring daily catches from local fishermen.

Kaszubinski began his culinary journey in his hometown in Ohio washing dishes. Now he leads the talented staff of McCoy’s Oceanfront. Kaszubinski is a chef who cares not only about the food he prepares, but about the people who make that food a possibility.

“The best part about my job is watching the





personal growth and development of the people who come in here,” said Kaszubinski. “Like Charlie there,” he said, pointing to a man preparing ingredients on a stainless steel counter, “I hired him while I was at another Marriott property a few years ago. When I made the move here, he came with me. He worked his way up and now he’s the Kitchen Supervisor.”

In his time off, Kaszubinski is either on the water or at home with his wife and two dogs. An avid fisherman, Kaszubinski loves to fish and bring his catch back to his Pompano Beach home to cook. Home cooking has a special place in everyone’s heart, but it is central to Kaszubinski’s culinary journey.

“I grew up watching everyone in my family cook. My grandfather was a cook during the Korean war, so that was very important to me. My mother was also a Home-Ec teacher, so she taught other people to cook. My father was also

in the kitchen a lot, too,” he said.

When a student of his mother’s who was a chef in Cleveland offered Kaszubinski a cooking job, he seized the opportunity. On the weekends, Kaszubinski would make the drive into the city to help prepare the food for the day. From there, Kaszubinski knew he was going to be a chef.

Now, Kaszubinski is in charge of a kitchen right on the beach.

“What’s not to like?” said Kaszubinski as he walked past the two pools to show off the view of the beach.

Perhaps that’s one of the greatest parts about this restaurant — its location. Dining is both indoor and out, with service to the beach as well. No matter your personal choice of atmosphere, McCoy’s will still deliver you the ocean on your plate.

Kaszubinski is excited to bring McCoy’s to the Pompano Beach Fine Food & Wine Festival. “I’m still finalizing the details,” said Kaszubinski, “but I’m

planning to bring a scallop and pork dish.” The dish will feature scallops, an island-style pork belly and some passionfruit caviar to capture the oceanfront flavors of McCoy’s.

For a sampling of the restaurants participating in the Fine Food & Wine Celebration as of press time, see page 92 >>>

TOP The patio at McCoy’s
RIGHT Executive Chef Eric Kaszubinski



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POMPANO BEACH FINE FOOD & WINE CELEBRATION

◀◀◀ As of press time, here is a sampling of the restaurants participating in the Fine Food & Wine Celebration

Another Perfect Party

Another Perfect Party is an all inclusive catering company that turns your event into absolute perfection. From designing an event concept to creating an original menu, their team ensures your event is successful and without complications.

Bangin' Banjos Brewing Company

There are few exceptions in life. You can't appreciate a good day without having a bad one. For all the people who know the difference between working hard and hardly working, Bangin' Banjo beers are hand-crafted and full-flavored, with the everyday person in mind. No matter the occasion, Bangin' Banjo says their beer is here for you.

Blooming Bean Coffee Roasters

Located on the first floor of Bailey Contemporary Arts the shop offers local, privately-roasted coffee from sustainable farms and serves artisan treats from local bakeries.

Bobby Rubino's Place for Ribs

Bobby Rubino's Place for Ribs has been a South Florida mainstay since 1978. Bobby Rubino's Place for Ribs plans to bring BBQ ribs and onion rings to the celebration.

Cafe Maxx

Chef Oliver Saucy has the perfect name. His stunning culinary creations are absolutely "saucy" — creative, colorful, multi-cultural with an emphasis on local seafood and produce.

Coccadots Cake Shop

See story on page 71.

Finley's Bahamian

Finley's Bahamian Restaurant has been serving South Florida since 2004 offering authentic Bahamian breakfast, lunch and dinner cuisine.

John Knox Village

Residents enjoy delectable food in John Knox's eatery. Chef Gullusci received his Culinary Arts degree from the prestigious Johnson & Wales University in Providence, RI.

McCoy's Oceanfront

See story on page 72.

Sicilian Oven

"You will not only love the taste, you will taste the love," said Ralph DiSalvo. The Sicilian Oven prides itself on using the freshest, most handmade ingredients possible.

Uncle Louie G

Italian ices. Remember when that's all it took to make everything OK in the world? Enjoy tastes of Italian Ices at the celebration. With over 45 franchises in eight states.

Yakuza Modern Japanese & Thai

Modern Japanese and Thai. This is not your mother's pad Thai. See story on page 69.

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Lunch specials at the The Tipperary Pub: a triple decker club sandwich with potato salad and a brisket sandwich with fries in the background. (Sometimes a salad just isn't going to cut it.)

DEERFIELD BEACH

Amante's. ITALIAN Close to the International Fishing Pier, steps from the sand, stands Amante's Italian Cuisine (and Bob's Pizza). It's a wonderful Italian bistro that caters to everyone. You choose from a fantastic, casual family pizza experience to an elegant dinner and everything in between. Amante's is usually bustling: filled with locals and visiting guests there for a sumptuous, after-beach meal or pizza. The menu has all the Italian favorite pasta dishes, meat entrées and daily chef specialties. Everything is very well prepared. 2076 NE Second St., 954-426-1030 \$\$

American Rock Bar & Grill. LIVE MUSIC • KARAOKE • JAZZ • COMEDY Full menu until late, early dinner specials, two-for-one full bar all day, every day with burger specials every day, 4pm-7pm. 1600 E. Hillsboro Blvd., 954-428-4539 \$\$

Baja Cafe. MEXICAN A hometown favorite is Pepe's spinach enchiladas with the added chicken or shrimp. It's creamy and savory with every bite and is served with a heaping helping of refried beans and rice. 1310 N. Federal Highway, 954-596-1304 \$

Barracuda Seafood Bar & Grill. SEAFOOD • BRAZILIAN This spot by the sea serves seafood with a touch of Brazilian flare such as the Bobo de Camarao, shrimp sautéed in coconut milk, saffron, palm oil and yucca cream baked in a cast iron skillet. 1965 NE Second St., 954-531-1290 \$\$

Café Med. ITALIAN Authentic Italian restaurant right on the ocean with an Italian chef from Rome. Live music nightly. Serves breakfast and dinner daily. 2096 NE Second St. (at the Wyndham Hotel), 954-596-5840 \$\$\$

Casa Maya. MEXICAN Start with a margarita and it only gets better from there. This is not your typical Mexican joint—it's better. Try gubernador tacos: a combination of shrimp with diced poblanos, onions, tomatoes and cilantro on a crispy corn tortilla topped with melted cheese. See, we told you it's not ordinary. 301 SE 15th Terrace, 954-570-6101 \$\$\$

Chanson at the Royal Blues Hotel. SEAFOOD • SEASONAL Chanson gives you the opportunity to eat a fine, fresh seafood meal, and then take a stroll to see the ocean from which it came. 45 NE 21st Ave., 954-857-2929. \$\$\$\$

Deer Creek Grille. AMERICAN Enjoy the club atmosphere with gorgeous views of the plush gardens and waterfall. The restaurant offers daily lunch and dinner specials, a Sunday breakfast buffet and covered patio dining so you can dine al fresco. 2801 Deer Creek Country Club Blvd., 954-421-5553 \$\$

Deerfield Beach Cafe. AMERICAN Part of the Deerfield Beach International Fishing Pier, serving breakfast, lunch and dinner to all the beachcombers. So skip the cooler and grab something here—so easy. 202 NE 21st Ave., 954-426-0500 \$

JB's on the Beach. SEAFOOD Glorious beach views and a private glass room perfect for business or family affairs. 300 N. Ocean Way, 954-571-5220 \$\$\$

Kevin's. SUSHI • THAI The juxtaposition of the outside (a strip mall)—to the inside which is a lovely atmosphere is quite surprising. Kevin's serves high quality fare for the sushi enthusiast. Very friendly staff serving a lot of regulars. 706 S. Federal Highway, 954-418-3939 \$\$

La Val de Loire. FRENCH Whether it's a night out with the family or a romantic dinner for two, this quaint spot in the Cove Shopping Center serves classical French cuisine. 1576 SE Third Court, 954-427-5354 \$\$\$

Little Havana. CUBAN If you are looking for authentic Cuban food and music accompanied by speedy service then look no further. Little Havana has fantastic lunch specials, and most of their dinner plates will feed two. Their masas de puerco frita and their Little Havana steak are two of the stand-out menu items, aside from their zesty chimichurri. You won't regret it. 721 N. Federal Highway, 954-427-6000 \$\$

Luigi Di Roma. ITALIAN Enjoy all your favorite classic Italian dishes served in a clubby room complete with brick arches and warm tones and lighting. 718 S. Federal Highway, 954-531-6151 \$\$\$

Muddy Waters. ISLAND • AMERICAN A relaxing neighborhood place offering fresh seafood, chowders, burgers, wraps, salads and plenty of appetizers to go along with their full bar. Finish off with their pretzel crusted tequila key lime pie made in house daily. 2237 W. Hillsboro Blvd., 954-428-6577

Ocean's 234. SEAFOOD Amazing views of Deerfield Beach and the pier with gluten free options available. 234 N. Ocean Blvd., 954-428-2539 \$\$\$

Patio Bar & Grill. AMERICAN Everything is freshly prepared and served just steps away from the beach. Live music nightly. 2096 NE Second St. (at the Wyndham Hotel), 954-596-8618 \$\$

Rattlesnake Jake's. TEX MEX Dive bar close to the beach with live music and plenty of menu items to choose from. 2060 NE Second St., 954-421-4481 \$\$



Email us with any additions, closings, or corrections at editor@pointpubs.com. We try to be accurate, but it's always a good idea to call first before heading out on your dining adventure.

Taj Indian Restaurant. INDIAN We have two words for you: lamb korma. This classic Indian dish varies from restaurant to restaurant, and while we don't have their recipe, we can tell you it's juicy leg of lamb cooked in a rich cream sauce with raisins and cashews. 201 SE 15th Terrace, 954-304-7032 \$\$

Tamarind. SUSHI • THAI Did you get caught up in a tornado and land in Nobu—that most famous of all sushi restaurants? Probably not. You're most likely just at Tamarind which offers a hipper vibe than your run-of-the-mill sushi place—and some inventive rolls and Thai entrees. 949 N. Federal Highway, 954-428-8009 \$\$

Tijuana Taxi Co. MEXICAN Perhaps it's the all day happy hour (Mon.-Fri., 11am-7pm) with \$5 El Jimador margaritas, but as soon as you enter, the weight of the day lifts off your shoulders. The atmosphere is friendly and fun all around. There is outdoor patio seating available and a large U-shaped bar inside. The portions are generous—certainly enough to take home for lunch the next day. We loved the spicy shrimp tacos—soft flour tortillas filled with Cajun-grilled shrimp in a spicy chile lime sauce, topped with cilantro slaw, avocado and pico de gallo. The menu has a lot more than tacos—there's all the Mexican favorites plus burgers, sandwiches, steaks and more. And for the little ones there is kids night on Sunday: kids eat for 99 cents from the \$4.99 kids menu. 1015 S. Federal Highway, 954-708-2775 \$

The Tipperary Pub. IRISH • AMERICAN A classic neighborhood pub—where if you go often enough, everyone will indeed know your name. Open for breakfast, lunch and dinner just in case you need a red eye—half tomato juice, half beer. 1540 SE Third St., 954-421-9769 \$

Two George's. SEAFOOD An intracoastal hot spot with live music, a great view and a legendary Friday happy hour. 1754 SE Third Court, 954-421-9272 \$\$

Whales' Rib. SEAFOOD Locals know it well and tourists know it from Diners, Drive-ins and Dives. 2031 NE Second St., 954-421-8880 \$\$

LIGHTHOUSE POINT

Bonefish Mac's Sports Grille. AMERICAN Bar food and a wide array of televised sports games with a game room for kids. 2002 E. Sample Road, 954-781-6227 \$

Bura. NORTHERN ITALIAN Enjoy the intimate atmosphere and friendly staff. The gnocchi are little delectable dumplings topped with tender chunks of veal in a light tomato broth. 2014 E. Sample Road, 954-597-6909 \$\$

Cap's Place. SEAFOOD Lighthouse Point's own hideaway, seafood joint dating back to prohibition. Take the short boat ride over to the restaurant. 2765 NE 28th Court, 954-941-0418 \$\$\$

Fetta Republic. GREEK Traditional Greek offerings close to home. 2420 N. Federal Highway, 954-933-2394 \$\$

Le Bistro. FRENCH • BISTRO Professional chef, Andy Trousdale serves up both classics and inventive new dishes at this little neighborhood gem. Fresh and local produce is always used and vegetarian, dairy free and gluten free menu items are available. The restaurant also offers cooking classes. 4626 N. Federal Highway, 954-946-9240 \$\$\$

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Lito's Turf & Surf. SEAFOOD • AMERICAN Family-owned and operated with catering options available. 2460 N. Federal Highway, 954-782-8111 \$\$\$

The Nauti Dawg Marina Café. AMERICAN Nestled in at the Lighthouse Point Marina, the Nauti Dawg is a local favorite. Start with the tuna wontons—crispy fried wonton wrappers topped with tuna tartare, seaweed salad, red pepper mayo, wasabi and a hit of sriracha. For a taste of New England, the lobster roll can't be beat—a generous portion of lobster with just the right amount of mayonnaise. Of course you can't go wrong with the fresh fish sandwich—ask what the catch of the day is. The fish Reuben is another great sandwich option—just sub in some fresh fish for the pastrami and you've got yourself a little healthier version of the classic. All sandwiches come with a side and while French fries are always a delicious option—the restaurant offers a tangy cucumber salad (among other choices) that provides a nice crunch to any sandwich. They are a dog-friendly restaurant. 2830 NE 29th Ave. (at the Lighthouse Point Marina), 954-941-0246 \$\$\$

Pampa Gaucho Churrascaria. BRAZILIAN Traditional rodizio for your inner carnivore. 4490 N. Federal Highway, 954-943-3595 \$\$\$

Papa's Raw Bar. SUSHI • SEAFOOD Situated next door to their parent restaurant Seafood World, Papa's indeed seems like the hip child of an established restaurant. While the fresh food is the real star, the Keys-inspired décor certainly accounts for part of their charm. The restaurant serves a selection of clams and oysters on the half shell. There are options for cooked oysters including the black and blue version topped with blue cheese and bacon. The menu also goes way beyond typical raw bar offerings with inventive tacos and sliders. Papa's also offers a wide array of sushi and sashimi. Start off with one of the towers of Van Buskirk (you'll find a few menu items named after locals.) The bare naked lady version is a combination of spicy wahoo and tuna with tobiko and masago topped with spicy mayo and served with taro chips. They serve all your classic sushi rolls but the superstars are their specialty rolls. There are plenty of land lubber options including burgers and hibachi offerings. And to wash it all down, they have about a zillion craft beer options and a wine list too. The Bimini Room which is adjacent to the main restaurant is available for private parties and boasts a Hemingway inspired mural—another respectful nod to the Keys. 4610 N. Federal Highway, 754-307-5034 \$\$\$

Seafood World Market & Restaurant. SEAFOOD They offer the freshest seafood with simple ingredients and have a huge selection of seafood to choose from if you want to cook yourself. 4602 N. Federal Highway, 954-942-0740 \$\$\$

Sicilian Oven. ITALIAN • PIZZA High-top seating, casual seating and bar seating to accompany your crispy, thin pizza. Start with the Gorgonzola salad. 2486 N. Federal Highway, 954-785-4155 \$

POMPAÑO BEACH

Aconchego Bar and Grill. BRAZILIAN A taste of Brazil in the heart of Pompano Beach. Open for lunch and dinner. 7 SE 22nd Ave., 954-782-8040. \$

Anthony's Coal Fired Pizza. PIZZA • WINGS You can credit this place with bringing the whole "coal-fired pizza craze" to South Florida. Pizza and chicken wings—do you need anymore? Try the cauliflower pizza—good and good for you. 1203 S. Federal Highway, 954-942-5550 \$\$\$

The Beach Grille. AMERICAN Delicious eats near the beach with the capability to order online. 3414 Atlantic Blvd., 954-946-6000 \$

Bella Roma Italian Restaurant & Pizzeria. ITALIAN • PIZZA Tasty dishes, large portions and delivery is available. 40 SW 15th St., 954-784-3696 \$\$

Bobby Rubino's. BARBECUE • AMERICAN Specials and coupons are posted daily and catering is available. The restaurant also has a large bar room where you can dine at the bar or booths. This place is a Pompano Beach icon. 2501 N. Federal Highway, 954-781-7550 \$\$\$

Brew Fish. BAR AND GRILL Dine outside in the tiki hut overlooking a canal right in Pompano Beach. Comprehensive menu and attentive staff. 200 E. McNab Rd., 954-440-3347 \$\$\$

Briny Irish Pub. IRISH • BAR FOOD At the end of East Atlantic Boulevard, steps from the ocean, is Briny's Irish Pub. There is a large beer selection plus the regular and, dare we say, unique mixed drinks. The kitchen offers an array of bar food as well as some classics like bangers and mash and fish-n-chips. The casual atmosphere is created by an immense array of nautical artifacts and oddities that fill every inch of the pub. The bar is large and there are tables, too—many have ocean views. Music plays constantly, often live with a dance floor if one is inclined. 3440 E. Atlantic Blvd., 954-942-3159 \$

Bru's Room Sports Grill. AMERICAN Named after Bob "Bru" Brudzinski, where else would you go to watch the Miami Dolphins play? Wings and other bar food available. 235 S. Federal Highway, 954-785-2227 \$

Calypso Restaurant and Raw Bar. CARIBBEAN High-quality ingredients, inventive cooking, and a very welcoming staff. 460 S. Cypress Road, 954-942-1633 \$\$\$

Carrabba's Italian Grill. ITALIAN Open for lunch and dinner and provides gluten free options. 1299 S. Federal Highway, 954-782-2688 \$\$\$

Checkers Old Munchen. GERMAN Sprechen sie Deutsch? You don't find many authentic German restaurants around town. So when you're looking for a change in your restaurant rotation, take a trip back to the old country at Checkers Old Munchen. The restaurant's exposed wood framing is reminiscent of the German half-timbered architectural style and the walls are lined with classic German beer steins. For a traditional German meal, try the wienerschnitzel—it's divine—a lightly breaded veal cutlet sautéed in lemon butter and topped with homemade brown gravy. The spaetzle (German noodles) are a real homemade treat and not to be missed—throw a little of that brown gravy on them and they could be a meal unto themselves. The red cabbage is both classically sweet and sour and there are other options too including potato dumplings, potato salad and even hot potato salad. As you look around, you can't help but get the feeling that most of the patrons are returning customers—which, of course, is a great sign. And the next time we get a hankering for some schnitzel, we know where to go. Imbibe to your hearts content with their wide assortment of German beers. 2209 E. Atlantic Blvd., 954-785-7565 \$\$\$

Chef Dee's. SUSHI • SEAFOOD A small neighborhood place with plenty of charm. Impressive sushi rolls and a varied menu with something for everyone. 3919 N. Federal Highway, 954-582-4444

Chez Porky's. BARBECUE A low-key spot serving a bunch of southern favorites. 105 SW Sixth St., 954-946-5590 \$\$\$

Cypress Nook. GERMAN This place has been in business for 38 years—talk about staying power. 201 SE 15th St., 954-781-3464 \$

Darrel & Oliver's Cafe Maxx. INTERNATIONAL This restaurant is an anchor of the South Florida fine dining scene. 2601 E. Atlantic Blvd., 954-782-0606 \$\$\$\$

Dos Amigos. MEXICAN When you feel the hankering for a fajita, this Pompano Beach spot fits the bill. Try the margaritas too. 1308 N. Federal Highway 954-781-1955 \$\$\$

Fish Shack. SEAFOOD A small, roadside seafood shack, for a small seafood town. This is truly one of those best kept secret type places. With only a handful of tables, we're selfishly hoping not too many people get in on this secret gem in Pompano Beach. 2862 NE 17th Ave., 954-586-4105 \$\$\$

Flanigan's Seafood Bar & Grill. SEAFOOD • AMERICAN Get green with a deal every day. 2500 E. Atlantic Blvd., 954-943-3762 \$\$\$

The Foundry. AMERICAN • CONTINENTAL Seating options galore, from bar seating to lounge seating and good old-fashioned casual dining seating. 2781 E. Atlantic Blvd., 754-205-6977 \$

Galuppi's. AMERICAN What could be more entertaining than watching golfers swing and blimps ascend as you sip a drink at an outdoor bar? 1103 N. Federal Highway, 954-785-0226 \$



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DINING OUT RESTAURANTS

Gianni's Italian Restaurant. ITALIAN Enjoy traditional Italian fare while you talk to the traditional Italian staff. Don't skip the romaine salad with the blue cheese. Enjoy cocktails from their new full bar. 1601 E. Atlantic Blvd., 954-942-1733 \$\$\$

The Gyro Joint. MIDDLE EASTERN Eat in, or carry out. It's all Greek to me. 165 S. Cypress Road, 954-946-9199 \$

Houston's. AMERICAN Enjoy this contemporary eatery for lunch or dinner. Outdoor bar and seating on the Intracoastal available. 2821 E. Atlantic Blvd., 954-783-9499 \$\$\$

J Mark's. AMERICAN A relaxing, modern restaurant and bar with food and service to match. 1490 NE 23rd St., 954-782-7000 \$\$\$

La Rachetta at Whole Foods Market. PIZZA AND WINE BAR Get your shopping done while you take care of your appetite. They offer weekly deals on meals and drinks with lots of beers on tap and wines by the glass. For something different, try the sweet southern swine pizza—a light and crispy pizza topped with pork belly, arugula and cheese. Or try one of the plethora of meatballs—all are a satisfying treat. The truffle fries are great with anything. 2411 N. Federal Highway, 954-942-8778 \$

La Veranda. ITALIAN The atmosphere is elegant, yet comfortable and warm. Inside or out, one can enjoy a truly special evening in the Tuscany-inspired surroundings. Be it drinks from their full bar, a bottle from the copious wine selection or naturally the Italian food, everything is served perfectly, so expect to be delighted. The staff takes pride in ensuring you are having great experience. There is a big selection of pasta, entrées and traditional dishes, with new favorites to be discovered that the wait staff will happily explain. You can taste the love in their homemade scrumptious desserts. If you're looking to celebrate or simply treat yourselves to an evening of superior dining, La Veranda is an excellent choice. Reservations are suggested. 2121 E. Atlantic Blvd., 954-943-7390 \$\$

Malulo's International Seafood. PERUVIAN • SEAFOOD South American inspired seafood. Located in a strip mall, but so are a lot of places—give it a try. 900 E. Atlantic Blvd., 954-785-0014 \$

McCoy's Oceanfront. AMERICAN Located at the beautiful Marriott Pompano Beach Resort & Spa, dine indoors or pool-side on the covered patio with the beach as your backdrop. 1200 N. Ocean Blvd., 954-782-0100 \$\$

Mediterraneo Cucina Siciliana. ITALIAN True Sicilian food served for dinner only. Closed on Mondays. 420 N. Federal Highway, 754-222-9174 \$\$

Nikki's Orange Kitchen. CONTINENTAL Open for breakfast, lunch and dinner. Organic and gluten free options available. Enjoy the location right across from the Pompano Fishing Pier. Have dinner and take a stroll—it's why we live here, people. 1 N. Ocean Blvd., Ste 102, 954-532-2771 \$\$-\$\$\$

Ocean Grill & Tiki Bar. AMERICAN Beach front dining at the Beachcomber Resort—go for the view. 1200 S. Ocean Blvd. 954-941-7830 \$\$\$

Ruby's by the Sea. ITALIAN Italian by the sea is more like it. 2608 N. Ocean Blvd., 954-785-7700 \$\$

Rusty Hook Tavern. AMERICAN Located on the Pompano Intracoastal, sit inside or outside, just keep in mind that the word tavern means a local place to gather around the table. 125 N. Riverside Drive, 954-941-2499 \$

Sands Harbor Patio Restaurant. SANDWICHES • WINGS Located in the Sands Harbor Hotel and Marina on the intracoastal, sit poolside or water side, either way, you better know how to swim. 125 N. Riverside Drive, 954-942-9100 \$

Seaside Grill. SEAFOOD • AMERICAN Enjoy a view of the Atlantic while enjoying fresh seafood and an ice cold cocktail. Don't worry if you're not a fish lover—there are plenty of entrée choices from the land. Located at Lighthouse Cove Resort on the ocean. 1406 N. Ocean Blvd., 954-783-3193 \$\$

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Sette Bello. ITALIAN This is a true gem just south of the Pompano Beach border serving expertly prepared Italian food with quite a bit of a flare. In other words—not like mom used to make...this is way, way better. (No offense to mom.) A perfect place to celebrate a special occasion or a romantic dinner for two. 6241 N. Federal Highway, Fort Lauderdale. 954-351-0505 \$\$\$

Shishka Lebanese Grill. MIDDLE EASTERN It's not easy to make a good falafel (chick peas, fava beans garlic and cilantro seasoned and deep fried, served with tahini sauce) but the ones at Shishka are worth every single calorie. There are plenty of other choices too from the classic hummus to baba ghanouj to chicken and meat shawarma. 1901 N. Federal Highway, 954-943-2999 \$\$

Spanx the Hog BBQ. BARBECUE Using only natural ingredients, dine in, take out, or order custom catering. 147 S. Cypress Road. 954-590-8342 \$

Sunset Catch. ITALIAN • SEAFOOD Fresh seafood served daily, and they even have their very own "wine doctor." 101 N. Riverside Drive, 954-545-0901 \$\$

Table 2201. MEDITERRANEAN • SEAFOOD Everything at Table 2201 is made on the premises—even the desserts. We started off our meal with the pygros, a tower of eggplant, potatoes and ground beef topped with a cool yogurt sauce. The dish is reminiscent of the classic Greek dish moussaka, but the cool yogurt sauce replaces the bechemel. Finish off with the Greek yogurt mousse, a lightly sweetened cloud with a hint of cocoa and a strawberry sauce to compliment. Table 2201 has a menu full of your Greek favorites without all of the hooplah. So if you are looking for a genuine Greek dinner without having to dance on tables and yell "opa"—not that there's anything wrong with that—Table 2201 is a good choice. 2201 E. Atlantic Blvd., 718-600-2236 \$\$

Take Sushi. JAPANESE • SUSHI Fresh, authentic Japanese fair de-

livered to your door? Yes, please. 2714 E. Atlantic Blvd., 954-785-2442 \$

Talay Thai. THAI • JAPANESE A small and cozy place with delivery and carry out. 2233 E. Atlantic Blvd., 954-941-1123 \$\$

Umberto's of Long Island. ITALIAN • PIZZA When a pizza is named Grandma's Pizza—you must order it. And trust us, you won't regret it. There is family tradition baked into every bite. 2780 E. Atlantic Blvd., 954-784-7110 \$\$

Valentino's Italian Cuisine. ITALIAN • PIZZA An abundance of Italian fare served for lunch or dinner. If you can't make it over to dine in, fret not, they offer free delivery. 427 S. Federal Highway, 954-545-4881 \$\$

Wings 'N Things. WINGS • BARBECUE It doesn't look like much from the outside but it's worth trying it out. 150 S. Sixth St., 954-781-9464 \$

Yakuza. JAPANESE • THAI The contemporary Asian anchored décor is a feast for the eyes: warm, inviting and totally unique. The attentive servers address each table with personal concern. Central to the dining room is a large classic sushi bar, displaying the fresh fish offerings. But sushi is only part of their menu. Yakuza has a brilliant selection of Japanese and Thai specialties and favorites. We were impressed by the freshness and variety of tastes offered. Modern is a fair descriptor as Yakuza offers unique approaches to traditional Japanese and Thai fare, making them new, unique and their own. Try their specials. 2515 E. Atlantic Blvd., 954-951-6077 \$\$

Zuccarelli. ITALIAN • PIZZA This place is more than just a pizza joint. From eggplant Parmesan to shrimp fra diavolo, you will leave quite satisfied. The portions are generous and come with a fresh house salad. Bring your breath mints because their warm garlic rolls are on point. 1340 N. Federal Highway, 954-941-1261 \$\$

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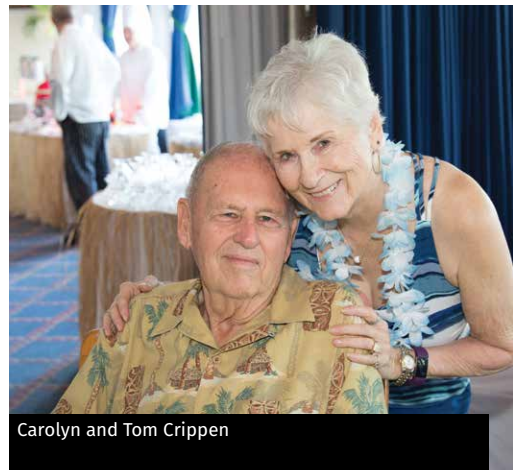
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Kristen Winningham, Nico Winningham, Robert Friedman, Kim Petilli and Joe Hernandez



Helen Gilb, Bea Brown, Bert Gartenhaus and Jo Anne



Carolyn and Tom Crippen

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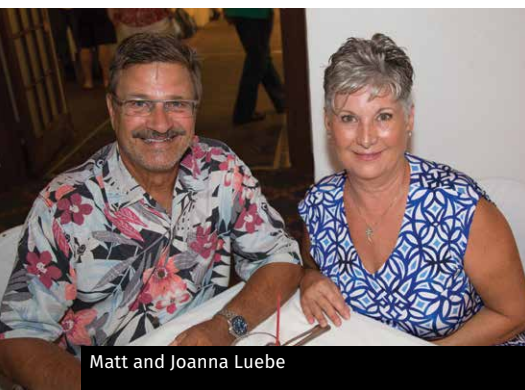
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PHOTOS BY JOE YERKOVICH



Shelley Edwards, Olivia Smith and Jenna Basso



Veronica Dockum and family



Shelley Edwards and family



Saya Greason and Katherine Greason



Veronica Dockum, Shelley Edwards, James Battie, Taylor Byrd and Georgia Moberg



Lauren Pagan and family



Emily Taffel



Mei Ghanem, Karen Muzi, Sebastian, Meera Ghanem, Emma Muzi and Charlie Muzi,,



Zoey Pyper, Mackenzy Ruh, Abbie O'Hara, Gunner Mendritzky, Madeline Joffe, Sebastian Carder, Georgia Moberg, Olivia Smith, Emma Muzi, Emily Pagan, Meera Ghanem, Veronica Dockum, Shelley Edwards, Elizabeth Laurence, Jenna Basso, Taylor Byrd, James Battie and Lauren Pagan



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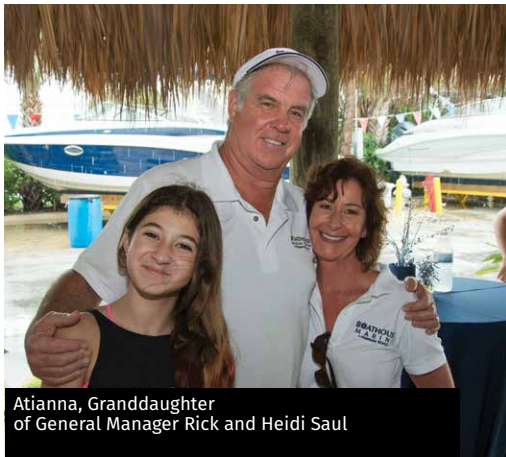
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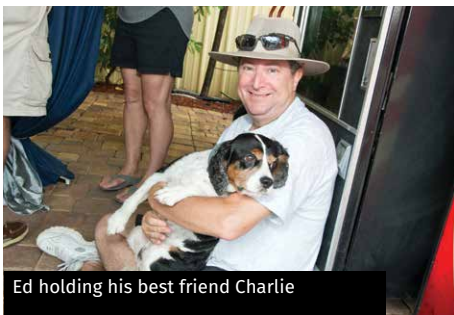
Atianna, Granddaughter of General Manager Rick and Heidi Saul



Emily, Nash and Kevin

Open House *Boathouse Marine, Pompano Beach*

PHOTOS BY JEFF GRAVES



Ed holding his best friend Charlie



Heidi, Atianna and Office Manager Emily



The warehouse crew, Roberto, Stefin and Jonathan



Sam with Jeremiah and Ramone



The office crew, Marisha, Cindy, Marissa and Emily

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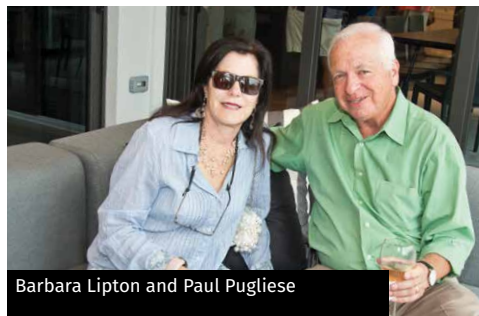


Open House

Lighthouse Point

PHOTOS BY JEFF GRAVES

Kevin Kreutzfeld hosted an open house in Lighthouse Point.



Barbara Lipton and Paul Pugliese



Karen and Mark Wolfson with Kevin Kreutzfeld in the middle



Bob & Bonnie Miller,



Albor Caceres, and Jennifer Watler



Linda, Carlos and Isabella Martin



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Dana and Gary Burnetter



Carlos Martin, Carmen D'Angelo Jr., Larry Frankel and Kevin Kreutzfeld

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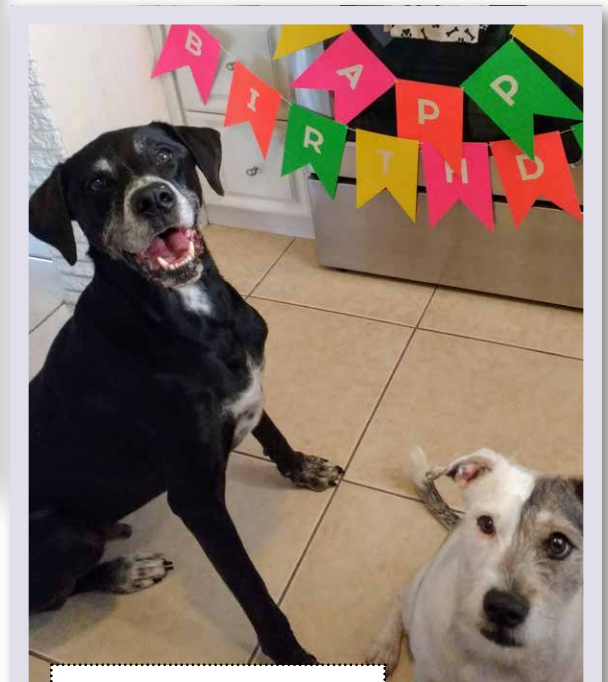
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Deep Travel

BY RICHARD ROSSER

THIS SUMMER I HAD THE OCCASION

to reflect on what I see as a new age of travel, both domestic and abroad. Travel for business and pleasure has existed for millennia. Travel for Americans is deeply ingrained in our culture — we love the open road and desire adventure. The difference now is how we approach travel. Smartphones, the Internet, social media and travel apps have changed the nature in which we travel.

Currently, almost 80 percent of Americans have a smartphone — a 100 percent increase from five years ago. The internet is widely available via cellular or Wi-Fi around the world. All the smartphones have cameras, and the new ones sport hi-res, 12-megapixel cameras. Travel apps like Expedia, Trivago and Booking.com have advanced tremendously, allowing guests to instantaneously share their images and feedback (both good and bad). This confluence is taking the travel industry to a new level.

In the 1960s, American travelers trusted brand names like Howard Johnson, McDonald's and Hilton. Standardization let customers know exactly what to expect for their money before arriving. Unfortunately, that also produced standardized experiences. Today, we are demanding more.

Now we can know approximately what to expect because we have scoured the reviews from our fellow travelers from across the globe. We've swiped through photo albums and avoided the pitfalls others have warned us of.

Recently my wife Susie and I stopped for lunch at a place in upstate New York on the banks of the Hudson River. The general consensus via reviews online was that the joint was "Not good — but not bad," which we were comfortable with and found later to be very accurate. For the price, it served our purposes for the meal and we weren't upset by the less-than-stellar food because it was what we expected.

We traveled in Canada for five days and found gas stations easily while on the road. We were in constant contact with our staff at the magazine and our children, or at least as much as we wanted to be. We found lodging and booked it while on the road from one place to the next. We paid as much for our plane tickets as we recall paying back in the 1980s — roughly \$280 per ticket from here to



Albany, N.Y., non-stop. Adjusted for inflation, the cost of travel is very cheap.

On Instagram I saw hundreds of photographs of Quebec City and promptly walked to the locations where I could replicate the best shots from those I liked. The airline texted us when our return flight was delayed. A dinner reservation through Open Table texted us a reminder. I bought a copy of an AirB&B magazine at the airport (yes, print is very much still a part of this new age of travel, as is good, old-fashioned quality service that encourages customers to share their great experiences).

Technology is creating a more robust industry capable of creating diversified and satisfying experiences. And businesses are responding. Local boutique hotels like the Royal Blues in Deerfield Beach and Plunge in Lauderdale-by-the-Sea now have stronger chances of long-term survival against behemoths like Hilton and Marriott. Restaurants can push boundaries so customers can rave about their offerings online. We even spotted a McDonald's near the Canadian border offering lobster rolls. Localized experiences are flourishing as travelers seek genuine and unique activities.

Want action? Zip lines, fishing excursions and rock climbing walls on cruise ships await your courage. Want tranquility? Spas of every variety are available around the world. Want culture? Group and private tour guides will take you deep into most countries. Great food? The media seems to have exploded our desires for more varieties and better food overall. The palette of the world is not anything like when Howard Johnson served more food to Americans than all other entities except the U.S. military. That dear reader, was a lot of very bland food offerings.

As a result of all of these factors, I would like to call this time a "Golden Age for Travel." My wife thinks I'm being too dramatic, but I am in continuous awe of how technology has changed the ease, comfort and accessibility of travel. My staff at the magazine can testify to this too. In one month, I had staff members in Iceland, Amsterdam, the Bahamas and Canada. And trust me, it's not because my staff is rich. It's because traveling has become easier, cheaper and less stressful, and work can be done from just about anywhere with a laptop. My wife was sending files via DropBox to a graphic designer from the airport. As a Floridian whose economy relies on tourism, I quite frankly am excited by the progress. *

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Victor Watts, a 51-year-old contractor from Fort Lauderdale, was experiencing severe abdominal pain that prevented him from living his normally active lifestyle. He was unable to eat the foods he wanted, which led to rapid weight loss and an extended hospital stay. He was diagnosed with diverticulitis, a condition that causes small, bulging pouches to form on the lining of the digestive system.

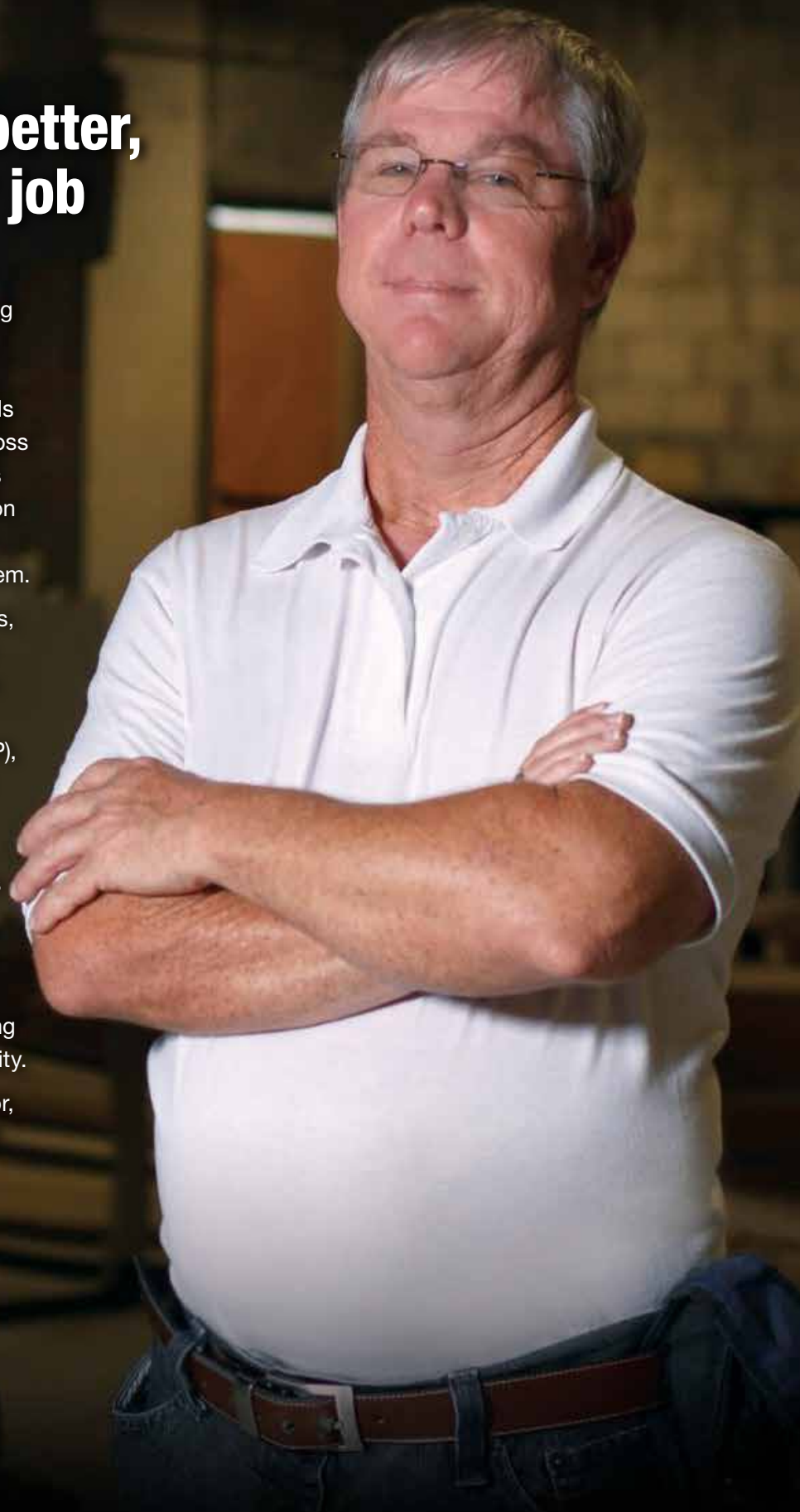
After consulting with several physicians, Victor met general surgeon Alexander Parr, MD, who took the time to explain the diagnosis and treatment options. At Broward Health Imperial Point (BHIP), Victor underwent a minimally invasive colectomy procedure using robotic technology. Within three weeks, Victor was happy to report that he was “up, running and not looking back.”

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